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# The Oshawa Express

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## Autofest revs up this weekend

Car enthusiasts are gearing up for Oshawa's 15th annual Autofest hosted by Motor City Car Club.

Lakeview Park will play host to the annual

automotive event on Aug. 23 and 24.

Autofest 2008, sponsored by Sunoco Ultra 94, kicks off with a free welcoming party on Aug. 22 in downtown Oshawa. Streets will

close to regular traffic and be lined with hundreds of collector cars while the public is treated to entertainment from The Lincolnaires and Alex J. Robinson.

On Saturday and Sunday, festivities will move to the lake where more than 1,600 vehicles—from custom and classic cars to hot rods and antiques—are expected to be on display. The public is invited to take advantage of the show and shine, silent auction and automotive vendors. The event offers fun for the whole family with a Women's World expo, Zoo To You and photo opportunities with monster trucks GraveDigger and Monster Mutt.

Known for its high speed, insane freestyle and awe-inspiring crashes, Grave Digger brings with it a history dating back to 1981 when creator Dennis Anderson came up with an idea in a North Carolina garage. The original Grave Digger was made up of old vehicle parts and was supported by the corroded chassis of a 1951 Ford pickup and ran on a high-performance Chevy engine. Now Grave Digger XIX, which has seen extraordinary improvements since Anderson's first inception, is a World Finals Racing Champion, races some 70 times per year and continues to be a fan favourite.

The Monster Mutt is one of the biggest, baddest monster trucks on the planet. While the vehicle started out as the Incredible Hulk, a makeover consisting of the finest Labrador-blond paint and hand painted fur all over his body with real floppy ears made from vinyl-leather, turned Monster Mutt into part junkyard dog and part racing machine. Instead of a tail, Monster Mutt boasts a 540 ci Merlin engine with a 3-Speed COAN transmission and 66-inch terra tires.

Autofest wraps up with a parade of winning vehicles and prize giveaways on Aug. 24 at 3 p.m.

Admission is \$10 per day or \$15 for a weekend pass. Children under 12 are free and parking is free.



Photo by Jessica Verge/The Oshawa Express

Car enthusiasts, business owners and Oshawa residents came together to celebrate the launch of Autofest 2008. From left, Greater Oshawa Chamber of Commerce CEO Bob Malcolmson, Oshawa Mayor John Gray and Motor City Car Club's Gary Challice, Grandview Children's Centre board of directors members Derek Stone and James Tremblay and Grandview communications officer Tanya Veer-Casey got a sneak peek at one of the classic cars that will be on display next weekend. Autofest runs Aug. 23 and 24 at Oshawa's Lakeview Park. Aug. 22 also brings a welcoming party to the streets in downtown Oshawa.

## Ethanol plant plans go to environment ministry

By Courtney Duffett  
The Oshawa Express

An Oshawa councillor is worried about added pollutants and noise that an Ethanol plant could bring to Oshawa's waterfront.

However, company officials from FarmTech Energy Corporation dispute these accusations, saying they have followed all the provincial environmental regulations.

FarmTech is currently seeking the

nod from the Ministry of the Environment (MOE) before its plans to build an Ethanol plant at Oshawa's waterfront come before city council in September.

City councillor Brian Nicholson says FarmTech submitted its proposal to the MOE in August, a time when council is on break and most people are enjoying the summer, too busy to respond in writing to the ministry within the 30-day period.

"Once again FarmTech has

shown itself to be not interested in the views of the public or in the preservation of our waterfront," says Nicholson in a press release. "The timing of this application shows that FarmTech will do anything to limit public involvement in the process."

However, Dan O'Connor, president of FarmTech Energy Corporation, who



Brian Nicholson


did not respond to the timing of the MOE application, says emissions are constantly monitored by the province to ensure they remain within safe legal limits.

"All new industry must meet stringent requirements for emissions as set out in the Certificate of Approval by Ontario's Ministry of Environment," says O'Connor.

"FarmTech will operate well within legal limits for emissions as set out by the Province of Ontario. This industry is clean, green and safe."

Nicholson says the plant will impact the waterfront by releasing emissions into the atmosphere, including particulate matter, products of combustion such as carbon monoxide, sulphur dioxide and nitrogen oxides, volatile organic compounds such as acetaldehyde,

See ETHANOL Page 5



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## EXPRESS Police briefs

# Second arrest made in Oshawa robbery case

Two young men are in police custody as part of an ongoing investigation into a violent Oshawa robbery.

On Aug. 7, police arrested an 18-year-old male in the Ajax area in connection to a July 28 home invasion-style robbery on Birchcliffe Court.

He is believed to be one of six males involved in the home invasion, which resulted in one man shot.

A subsequent search of an address in Ajax resulted in the recovery of three shotguns, one rifle, two pellet guns, a sword and 30 rounds of ammunition.

As a result of this search, a second male was arrested in relation to the seized firearms. The second male is not believed to be one of the six males directly involved in the robbery.

The 18-year-old is facing a long list of charges, from Robbery and Break & Enter With Intent to Breach of Probation and Possession of a Controlled Substance.

Another male was already under arrest in this investigation and tips continue to come in from the public.



# Pedestrian struck, killed

A Clarington man has died after being struck by a motor vehicle while he was walking across Highway #2 at Varcoe Road in Courtice at night.

James (Jim) Darrell Hall, 51, of Birchfield Drive, was crossing the road on Aug. 9 at approximately 8:30 p.m. Police responded to the call, where Hall was being attended to by an off duty paramedic on the side of the Highway #2.

At this time, Hall was coherent and speaking. An ambulance transported him to a local hospital.

Hall later succumbed to his injuries. After further investigation, it was

determined he attempted to cross four lanes of traffic. It was raining and dark at the time.

No charges have been laid, but the investigation is ongoing.

The DRPS would like to remind all pedestrians to be cautious when attempting to cross roadways, especially in inclement weather and fading light conditions.

Anyone with information regarding this collision or the activities of either involved parties prior to the collision is requested to call D/Cst. Bryson at 1-888-579-1520 ext. 5255.

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# Dog park makes for happy dog owner

By Courtney Duffett  
The Oshawa Express

Darryl Kehler is happy to have a place where his dogs can run and play without being stuck by his side.

The Oshawa resident enjoys taking his two dogs, Ransom, a chocolate lab, and Kira, an Australian Shepherd, both 8-years-old, to the off-leash dog park at Harmony Valley Conservation Area in Oshawa on a regular basis.

"Things are pretty good here," says Kehler, adding that he still used the park to walk with his dogs before part of the area officially became an off-leash dog park about one year ago. "The dogs have a good

area to run and play."

Kehler adds that the park is busier than ever but stays clean and well kept with all the garbage cans that have been added throughout the area.

In addition, Kehler feels his dogs can be free without a leash and able to be around other dogs without the thought of them being attacked.

In the fall of 2007, the City of Oshawa turned 25 of a total 72 acres of the Harmony Valley Conservation Area into an off-leash dog park. In addition, a volunteer ambassador group, Oshawa Durham Area Walking Group (ODAWG) was formed to oversee the park and make sure people comply with the rules, including leashing

dogs in non off-leash areas and picking up after their pets.

"We've come a long way in the first year," says Clare Ford, chair of the ODAWG. "The big thing is that we wanted a place to walk with our dogs."

However, Ford says there are some things that need work and change, including better signage at the fenced off areas of the off-leash area of the park. In addition, Ford says it would be nice to see the entire conservation area be turned into an off-leash area.

"(This park) is one of the most well-used dog parks in and around the Durham area," says Ford, adding that it is also one of the largest.

However, Ford has seen some 400 dog walkers in one day go through the park and would like to see there be even more space for their pets.

Allison Hart and her husband Jamie have come from Courtney for about a year with their one-year-old Golden Retriever, Penny, to make use of the off-leash area.

"We like it," says Hart. "We really appreciate having it this year. However, it would be nice if it was all off-leash."

Since officially becoming an off-leash dog park, Ford hasn't heard of any problems arising with any of the dog walkers.

"The dogs tend to stay with their owners," says Ford.

However, Ford says growling and barking are part of a dogs' normal behaviour and people need to accept that this will occur. If people encounter a problem, they can contact the city's bylaw office or animal control, she says.

"It's all about encouragement and education though," says Ford, adding that the majority of the people she sees in the area are dog walkers, and understand about a

dogs' nature.

"All-in-all it's doing very well," says Ford, adding that she only expects the area to improve and for more people to start using it.

"We need more of these areas for dogs," she says.

For more information on the off-leash dog park at Harmony Valley Conservation Area, visit [www.harmonydogpark.ca](http://www.harmonydogpark.ca) or [www.oshawa.ca](http://www.oshawa.ca).



Darryl Kehler walks his dogs, Ransom, an eight-year-old chocolate lab and Kira, an eight-year-old Australian Sepherd at the off-leash dog park at Harmony Valley Conservation Area in Oshawa.

## How area residents feel about the off-leash dog park at Harmony Valley Conservation Area:



"It's great. Everyone is very friendly."  
Annette Mask with Hunter, 12



"She really enjoys it here. It's way better now than before it became legal."  
Oshawa resident with Ginger, 3



"The dogs love it here. We've never had any problems."  
Danielle Ciren, 12, with Maddie and Toby

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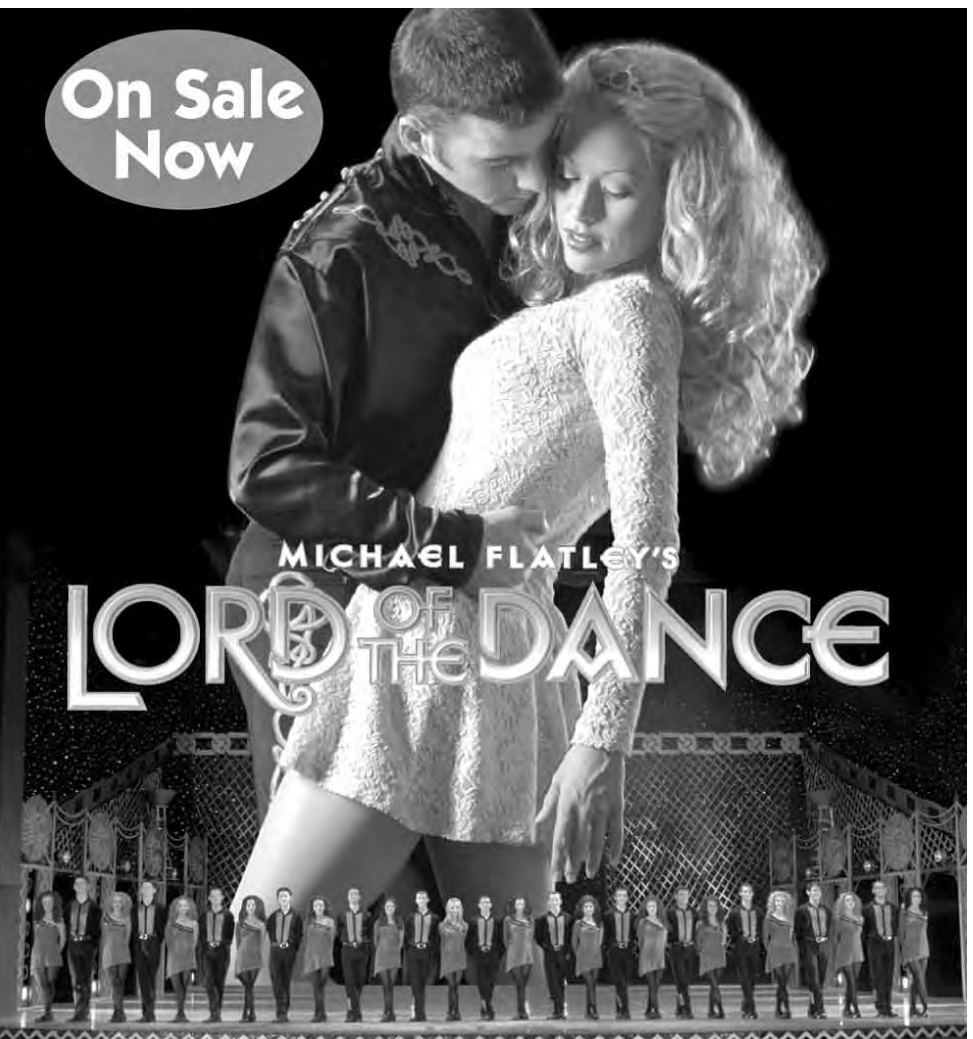
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# Students research changes for criminal justice system

Students from Oshawa's university will present their findings on different ways to deal with drug-addicted criminals at the fifth annual student research day.

On Aug. 22, undergraduate and graduate students from the University of Ontario Institute of Technology (UOIT) will present their results from research related to alternatives to traditional criminal justice measures in dealing with drug-addicted offenders. In addition, students will be creating an interactive learning tool designed to help learners understand Canada's Charter of Rights and Freedoms and improve technology to process waste tires into marketable products.

More than 70 students from the univer-

sity's faculties of Business and Information Technology, Criminology, Justice and Policy Studies, Education,



Engineering and Applied Science, Energy Systems and Nuclear Science, Health Sciences and Science will share their research findings while demonstrating first-hand the significant research opportunities UOIT offers to students.

Dr. Christopher diCarlo, an assistant professor in the Faculty of Health Sciences will be the keynote speaker at the event.

His presentation, Natural Systems: A Collective Understanding of Humanity, will include a discussion of his Relations of Natural Systems project.

The event will be held on Aug. 22 with the keynote presentation at 11 a.m. in the east atrium in the Science Building.

Poster presentation will run from 1 to 4 p.m. in the Business and Information Technology atrium.

For more information, visit [www.uoit.ca](http://www.uoit.ca).

# Ethanol plant meets environmental assessment criteria: O'Connor

**ETHANOL** From Page 1  
acrolein and benzene, odour and noise.

According to Nicholson, the application also indicates that the Ethanol plant will consist of four baghouses, two flares, one cooling tower, product load-out and one dried distiller grain with soluble dryer system and thermal oxidizer, one emergency water pump, two scrubbers, seven storage tanks, five vented tanks, one wet cake pad and fugitive components.

O'Connor argues, "The FarmTech proposal has met all criteria under the Environmental Assessment Act, which includes stringent federal and provincial regulations. It has met the required criteria set out in nine studies that looked at the impact on air, wildlife and water quality for example."

The City of Oshawa is currently reviewing the application by FarmTech to amend its zoning bylaws to allow for construction of the ethanol plant on the shores of

Lake Ontario.

To date, the application has been widely condemned by local ratepayers, environmental groups, waterfront enthusiasts and by many local political representatives, including Oshawa mayor John Gray.

Residents can submit comments about the application by Sept. 10. For more information, to view the application or to submit comments, visit [www.ebr.gov.on.ca](http://www.ebr.gov.on.ca)

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## Celebrate Autofest this weekend

Autofest 2008 is gearing up to hit Lakeview Park this weekend.

Some 1,600 vehicles are expected to roll into the city's waterfront at Lakeview Park, drawing upwards 30,000 spectators. And, as usual, Oshawa residents will be out in full force to celebrate this annual event.

Autofest presents a great opportunity to take a stroll down memory lane with the likes of the Camaro Sport Coupe, the Studebaker and T-Bird, to mention a few. Despite the current economic climate in the automotive sector, people never suffer a loss of passion for the automobile.

While Oshawa has evolved to become more than an automotive producing city, it's still a big part of our past. Cars are what put Oshawa on the map and it was Colonel R.S. "Sam" McLaughlin's Motor Company that paved the way for the modern GM plant. And with vehicles a large part of our day-to-day lives, such a vibrant history warrants exploration.

Autofest pays homage to that history and the people who work hard to put the event together deserve gratitude. Autofest is no small feat. In fact, the Motor City Car Club has already begun planning next year's event with the goal to make it bigger and better.

One such event to generate so much interest was the Soap Box derby which had to be held separately from the Aug 22 to 24 event.

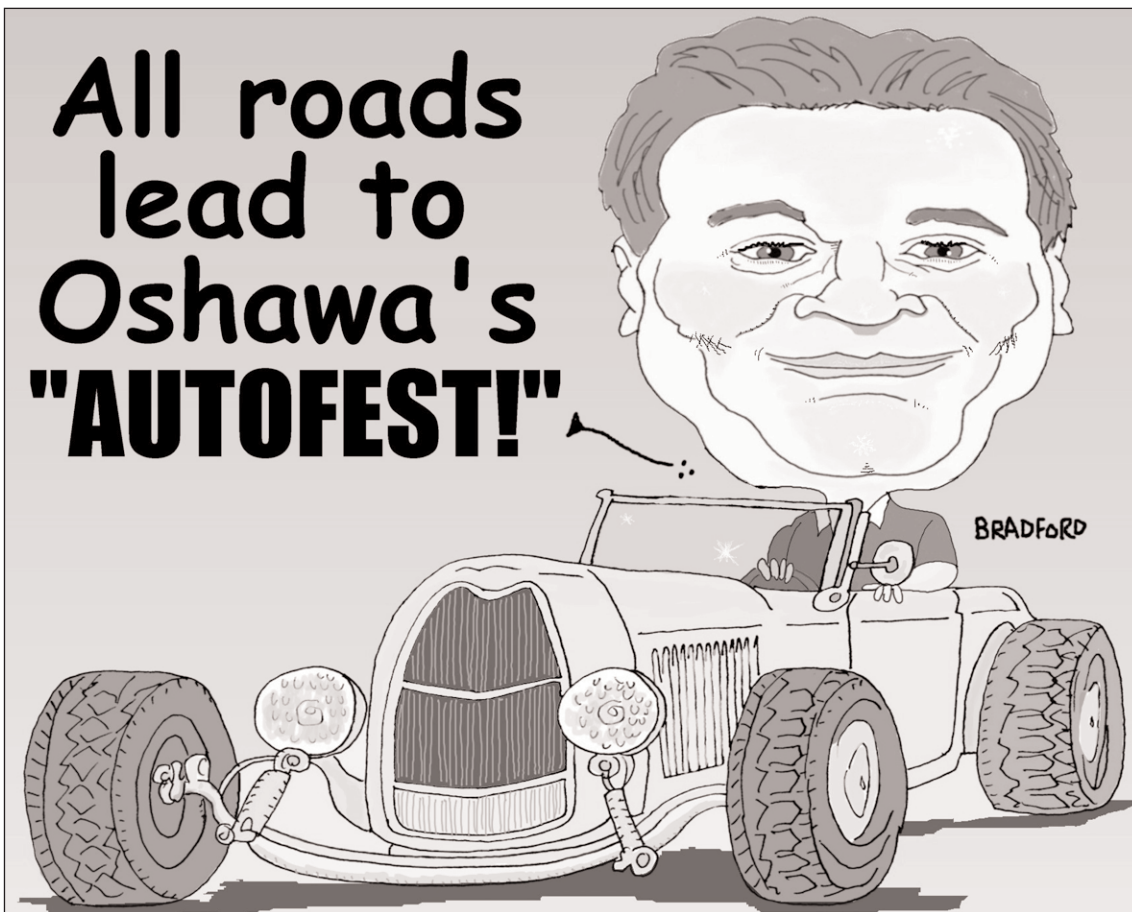
Bond Street was closed to traffic this past Saturday while a record number of entries raced in the derby and vied for prizes in the best built and designed car. We're proud to say The Oshawa Express soapbox, rebuilt by Ontario Motor Sales, and driven by our carrier Steven Maher, came in 4th place. Our carrier William Sheaves came in 2nd place driving last year's model soapbox.

Also new to the line-up is a Women's World Craft Show for those who love to shop. There's something for everyone, children included, with a Zoo To You, games, and more. There are also seminars, the Monster Mutt and Grave Digger, a 50/50 Draw by the Oshawa West Lions Club and a draw for a 1968 Camaro by the Oshawa North Lions Club. There'll also be lots of food!

In addition, all the proceeds from this event go to Grandview Children's Centre.

So buy your tickets, keep your fingers crossed for good weather and come celebrate Oshawa's heritage.

# All roads lead to Oshawa's "AUTOFEST!"



## Letters

### Oil giants should share profits

Dear Editor:

I was so happy to hear that Royal Dutch Shell Gas Co. and Mobile Exxon (Esso) posted \$11.5 and \$13 billion record profits for the last three months, respectively. Let me stop siphoning my neighbour's gas tank to heartily applaud the oil giant's massive good fortune, if I can just carefully remove the gas pump hose and nozzle from my posterior tank first.

How can these companies, in light of the economic

stresses they've caused at the gas pumps, even boast of their profit figures? Could they not just shave one penny per litre per billion dollars off the present litre price and share their good fortune with us peasants who helped them reach such lofty numbers?

I truly know what the term "hoser" in Canada really means. Life is not a gas.

R.M. Hues  
Oshawa

### Child pornography a serious matter

Dear Editor:

The recent trial of an Oshawa man involving sexual interference of a boy and the production of child pornography has brought home the seriousness of this matter to our community. A U.S. lawmaker in the 1970s once said that he could not define pornography but that he could recognize it when he saw it. Much has changed since then. The pornographic industry grossed about \$4 billion annually in the 1970s. Today it is about \$60 billion and growing. Back then you had to purchase videos or magazines from an outlet, making it a semi-public purchase. But today with the Internet, such viewing of pornographic material can be done in the privacy of your home with relative anonymity. Adult pornography usually involves viewing consenting adults and is legal. But child pornography involves the sexual abuse of children against their will, and often involves kidnapping. This is illegal to produce or possess. Thousands of children are sexually abused to produce this material. Although some artists claim it is art, society generally condemns child pornography, wrongly called kiddie porn, for what it is. In addition, we utterly reject adult sexual abuse of children. The Harper government raised the age of sexual consent to 16 in order to combat child pornography.

Advertisers spend billions of dollars each year in an attempt to persuade consumers to purchase all kinds of household products. Marketing studies are conducted and many tests are done to achieve this goal. The process works. Advertising does influence us to buy products. It is the same with pornography, which mainly targets men, only the result is much more addictive than buying consumer goods. Adult pornography reduces women to sexual objects, and its

effect on men who are addicted to it is to seek some form of gratification. This can have a destructive effect on the family and on the person who regularly views this material. It destroys a person's soul. With child pornography it is even worse, because men who seek and view this material are prone to move beyond to actually seeking out children to abuse. Psychiatrists regularly state that such men are incurable, and their easy access to images of children on the Internet makes it much worse.

Of course, law enforcement has become very adept at apprehending the purveyors of child pornography. It is a worldwide business, but it is traceable through expert tracking on the Internet. But good police work is not often met with strong sentences in court, as such material apparently is not as loathed by our judges as by ordinary people. The images of such abused children are disturbing to say the least.

There are no firewalls around such material. Men who view adult pornography easily watch younger girls in their addiction, at 18 to 20. It does not take much to lower the bar and view even younger girls. The same applies to men who regularly view male pornography, who can easily stray into viewing younger boys. The fire of lust is unbridled. There are no redeeming qualities in any kind of pornography. Parents must supervise Internet access by their children, for their sakes. Those who produce this material involving children are sexual predators. Those who regularly view such material can become predators of children. Parents, police, and the government must work together to combat this cancer on our society and threat to our children.

Chris Topple  
Oshawa

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## Letters to the Editor

The Oshawa Express publishes every Wednesday in the City of Oshawa. Send us your comments, letters to the editor, suggestions. We'd like to hear from you. Please write to:

The Oshawa Express,  
600 Thornton Rd. S., Oshawa, ON  
L1J 6W7  
or email:  
news@oshawaexpress.ca

# Oshawa bird positive for West Nile

A dead crow infected with West Nile Virus has been found in Oshawa.

The bird was picked up Aug. 11 and submitted by the Durham Region health department to the Canadian Cooperative Wildlife Health Centre (CCWHC) in Guelph where it tested positive for WNV.

This is the third positive test result out of Durham Region this summer.

The first positive bird was found in Uxbridge at the beginning of the month with the second located in Port Perry on Aug. 6.

"Even though the temperature has been cooler than normal for this

time of year, it's still important for area residents to remember that mosquitoes remain active," says Laura Freeland, manager of environmental health for the health department. "As a result, we encourage everyone to continue taking precautions to help reduce the risk of being bitten by mosquitoes."

With other recent reports of WNV activity in the GTA, the health department advises area residents take precautions and reduce the risk of mosquito bites. People are urged to:

- Avoid areas with high mosquito populations
- Take extra precautions from

dusk to dawn when mosquitoes are most active

- Use a mosquito repellent that contains DEET

- Wear light-coloured clothing (mosquitoes are attracted to darker colours), including long sleeves, pants, socks and a hat to cover exposed skin

- Make sure all windows and doors in the home have tight fitting screens and are in good condition

- Get rid of stagnant water that remains for more than a week around the outside of the home to help eliminate potential breeding sites.

Since beginning surveillance activities in May, the Durham

Region health department has submitted 31 dead birds to the CCWHC for testing. The department also continues to submit mosquitoes to be tested for the virus with no positive test results to date. Area residents are urged to continue reporting dead bird sightings.

For more information on WNV or to report sightings of dead crows, blue jays or raptors, please call the health department's environmental help line at 905-723-3818 or 1-888-777-9613, ext. 2188. Sightings can also be reported online at [www.region.durham.on.ca](http://www.region.durham.on.ca).

## Environmental issues focus of national meeting

Municipalities across Canada are gathering to explore ways to make cities greener.

Oshawa's municipal representative, councillor Louise Parkes, is attending a Federation of Canadian Municipalities (FCM) conference in British Columbia to learn more about sustainable communities.

Delegates to the conference are learning information regarding energy and environmental policies and strategies, sustainable transportation, Brownfield remediation, infrastructure design and efficiency, and sustainable water and waste management.

"As Oshawa moves forward, it is imperative that our technologies, social institutions and residents' honour, support and cooperate with nature's inherent ability to sustain life," says Parkes, who was selected by the FCM to attend the conference. "I am committed to developing Oshawa's natural and economic assets to stimulate growth and employment.

During the conference, there will be a tour of the National Works Yard, home to one of the first buildings in Canada to receive LEED Gold Certification (Leadership in Energy and Environmental Design), an accreditation currently being sought by the City of Oshawa with the revitalization of City Hall. LEED allows buildings to decrease their impact on the environment, increase energy and water savings and increase occupant productivity.

"Sustainable development will not be brought about by policy alone," says Parkes. "Sustainable development must be embraced by society at large as a guiding principle, and it has an impact on the many choices each citizen makes every day. This requires pro-

found changes in thinking, in social structure and economics, and in consumption and production patterns."

Delegates will also visit Whistler, world-renowned as the site of the alpine and Nordic venues for the Vancouver 2010 Olympics and Paralympic Winter Games, and tour the Whistler Public Library and the Olympic Athletes' Village.

"There are a number of initiatives that are underway in Oshawa that set us apart, including the work that is being done by Friends of Second Marsh," adds Parkes. "The Second Marsh is not only the largest remaining urban wetland in the GTA but the largest wetland between the Niagara Peninsula and Presqu'ile. It is a valuable resource to the Oshawa area and contributed greatly to the city winning the highest level award from the 2001 to 2005

Communities in Bloom competitions."

This project contributes to the overall clean-up of the Great Lakes, demonstrates technology to rehabilitate fish and wildlife habitat, addresses environmental issues common to most coastal Great Lakes Wetlands and their connecting watersheds serves as a model, promoting the value of cooperation, partnership and environmental citizenship.



Louise Parkes

## Expect delays at Stevenson, Rossland intersection

Roadwork is underway at the intersection of Stevenson Road and Rossland Road.

From the week of Aug. 11 to the week of Aug. 25, residents and businesses are advised that the Region is proceeding with road rehabilitation and hot-mix paving.

Construction work will be in effect on Stevenson, from the north side of Rossland to

approximately 80 m south. Drivers should expect delays and are asked to exercise additional caution for the safety of on-site construction workers. The Region is aiming to complete the job as quickly and efficiently as possible but the timeline may be influenced by unfavourable weather conditions.

## Oshawa beaches still unsafe

Oshawa's two beaches are still posted as unsafe for swimming.

Both Lakeview Beach East and Lakeview Beach West are posted again by the Durham Region health department due to elevated bacteria levels. Kinsmen Beach in Scugog is also unsafe.

All other Durham Region beaches are open.

Throughout the summer, the Region sends water samples to the Ontario Ministry of Health lab

in Peterborough. The lab determines which beaches have elevated bacteria levels and those are posted as unsafe for swimming.

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## On the water

# Boaters urged to sail safely

### Water-skiing and other towing activities

Water-skiing, tubing and other water activities can be fun. But safety should always be first on the fun list.

The rules surrounding water-skiing, barefoot skiing, tubing, knee-boarding and parasailing are

all the same. The Small Vessel Regulations require a spotter to be on board. Only personal watercrafts designed to carry three or more people can be used for towing water-skiers and there must be a seat available for each person

being towed in case recovery is necessary. In addition, the towing vessel cannot be remotely controlled and towing activities are not permitted in the period from one hour after sunset to sunrise.



### Don't cruise with booze

Alcohol is involved in at least half of all fatal recreational power boating, boat travel and automobile travel incidents.

Operators are responsible for the safety of their guests and should consider other users of the waterway. They must always be prepared and alerts.

Besides the possible legal consequences, mixing alcohol and boating is far more dangerous than one may realize. Fatigue, sun, wind and the motion of the vessel can dull senses. Alcohol intensifies

these effects, leaving you with poorer fine motor skills (i.e. hand-eye coordination and impaired judgement).

Drinking and driving (whether on land or water) is illegal and punishable under the Criminal Code. Convictions for a first offence can result in heavy punishment. Penalties are no less than \$600, prohibition from operating a vessel could be up to three years and imprisonment could be for life. However, the rules on the waterways could be slightly different for every province.



### Surviving in cold water

When falling into cold water, your muscles are instantly paralysed. Most times, the person in the water experiences cold shocks.

Coldwater shock likely causes more deaths than hypothermia. Canada's typically cold waters are especially dangerous if you are unexpectedly immersed in them. For three to five minutes after sudden immersion, you will gasp for breath. You could also experience muscle spasms or a rise in your heart rate and blood pressure. Worse yet, you could choke on water or suffer a heart attack or a stroke. Even strong swimmers can succumb to the effects of coldwater shock.

Because cold water can paralyse the muscles, trying to get a hold of a device while in the water or put one on could be nearly impossible.

After surviving the initial shock of the cold water, hypothermia is the next danger. Hypothermia is a drop in core body temperature below the normal level that occurs from a prolonged exposure to cold water, particularly in water-soaked clothing or from direct immersion. Someone who is exposed to cold water and

becoming hypothermic, can exhibit progressive signs and symptoms such as:

- Shivering, slurred speech and semi-consciousness
- Slow and weak pulse, slow respiration, lack of coordination, irrational, confused and sleepy behaviour

- Weak, irregular or absent pulse or respiration
- Loss of consciousness

However, a person can extend survival time by:

- Wearing a Canadian-approved lifejacket or personal flotation device. Valuable energy will be lost keep the head above water if not wearing a lifejacket or PFD

- Climbing onto a nearby floating object to get as much of the body out of or above the water as possible

- If possible, cross the arms tightly against the chest and draw the knees up close to them

- Huddle with others and make sure the sides of everyone's chest are close together, with arms around the mid to lower back and that the legs are intertwined

### Prepare passengers in case of emergency

Knowing and practicing emergency procedures with the people on board will lessen panicked moments in an actual emergency.

If someone falls overboard, someone needs to sound the alarm immediately, followed by the slowing down of the vessel and stopping if possible to throw something buoyant overboard to assist the person (this will also mark the spot if the person submerges).

Someone must also be assigned to monitor the person overboard and it's important to be careful if trying to recover the person who is overboard.

To recover a person from the water:

- Use a buoyant heavy line, or a lifebuoy secured to the vessel with a line, and recover the person from the windward side

- A heavy rope, chain or cable secured at both ends and draped over the side (almost touching the water) can provide a makeshift step if necessary

- If the freeboard of your boat is more than 0.5 metres (1'8") you must have a re-boarding device

- Sailors and power boaters should be familiar with different overboard recovery techniques and consider how effectively these manoeuvres can be performed, with such things as sea-state and condition of the person overboard in mind

Even though the weather might be warm in the summer, the water can still be cold, depending on how deep it is.

When falling into cold water, the muscles become instantly paralysed. Most times, the person in the water can experience cold shocks as well.

Coldwater shock likely causes more deaths than hypothermia. Canada's typically cold waters are especially dangerous if unexpectedly immersed in them. For three to five minutes after sudden immersion, the body will naturally gasp for breath.

The person could also experience muscle spasms or a rise in heart rate and blood pressure. In addition, the person could choke on water or suffer a heart attack or stroke. Even strong swimmers can succumb to the effects of coldwater shock.



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## Schedule of events

**Saturday, August 23**

9 a.m. - Spectator gates open  
9 a.m. - 5 p.m.

- Show & Shine event at Lakeview Park
- Women's World open at Jubilee Pavilion
- Silent Auction of automobile collectibles held at Jubilee, hosted by Alex Szmyr

11 a.m. - 2 p.m.

- Fraser Ford Street of Fords and display, hosted by Doug Stapleton

4 p.m. - Motor City Car Club Choice Awards and major door prize giveaways

6 p.m. - Spectator gates close

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**Sunday, August 24**

9 a.m. - Spectator gates open  
9 a.m. - 4 p.m.

- Show & Shine event at Lakeview Park

9 a.m. - 5 p.m.

- Women's World open at Jubilee Pavilion

9 a.m. - 3 p.m.

- Silent Auction of automobile collectibles held at Jubilee Pavilion, hosted by Alex Szmyr

12:30 p.m. - 2:30 p.m.

- Kid's games

3 p.m.

- Parade of Winners Awards Presentation and major door prize giveaways
- Lions Club draw for a 1968 Camaro Sports Coupe
- Lions Club 50/50 draw

5 p.m. - Spectator gates close

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## Autofest to support Grandview Children's Centre

Proceeds from Autofest 2008 will go to Grandview Children's Centre, which plays a vital role in the lives of Durham Region children with physical and developmental disabilities and communication disorders. Since 1954, Grandview has been offering programs and services for children with special needs, from infancy to adolescence. Since Grandview first opened its doors, more than 17,000 children have benefitted from their wide array of services and the Motor City Car Club (MCCC) are helping to make it possible for more kids to

enjoy what Grandview has to offer. In the past five years, the MCCC has donated more than a total of \$37,000 toward Grandview, contributing to the construction of an all-rubber playground, which prevents against injuries for the special needs kids who use it, and the much-needed renovation of the pool, which plays an important part in therapy for kids with physical disabilities. While Grandview's main location is 600 Townline Rd. S. in Oshawa, the centre has outreach facilities in Ajax, Whitby and Port Perry and

offers audiology, physiotherapy, occupational therapy, speech-language pathology, medical services and recreation programs. Home to Campbell Children's School, Grandview offers the Preschool Outreach Program, Durham Preschool Speech and Language Program and the Tri-Regional Infant Hearing Program. Recreation services include martial arts, swimming, creative workshops and music. For more information call 905-728-1673 or 1-800-304-6180 or visit [www.grtc.ca](http://www.grtc.ca).

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## Autofest highlights

Autofest 2008 offers fun for the entire family. New this year is Women's World, a female-focused expo held inside the Jubilee Pavilion. Women's World includes vendors specializing in crafts, jewelry and more. The Jubilee is also playing host to a silent auction. Children can also find fun at Lakeview Park as Autofest welcomes Zoo To You, an interactive petting zoo, and kid's games. But Autofest's special features don't end there. The Oshawa West Lions Club will be running a 50/50 draw - which saw a prize of \$6,000 for one lucky visitor last year - while Oshawa North Lions Club will be selling tickets for a chance to win a 1968 Camaro.

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## You are what you eat

### Columnist



**Bill Fox**

I have recently been doing some research on digestion and nutrition. I am disturbed by some of the things that I am learning. As misery enjoys company I thought I would share some new insights with you. Not only has it been shown that we are indeed what we eat, but because we have cravings, etc. we eat what we crave...almost like a version of Twilight Zone, because I eat too many chocolate bars and drink too much iced tea, my body wants more of those items.

- In the U.S. 13 per cent of hospital admissions are related to digestive diseases.
- 70 per cent of our immune system is in, or around, our digestive systems.
- Many medical conditions including psoriasis, arthritis, eczema, etc. are digestive in origin.
- You need lots of vitamin C to compensate for the stress to your body that tobacco causes.
- Sugar feeds Candida, bacteria and parasites.
- Weight problems can be caused by food sensitivities, a hyperactive thyroid, poor food choices, etc.
- Not only are our bodies composed of the foods we eat, but we are part of an uncontrolled food science experiment with some of the chemicals that we put into our foods for preserving and colouring.
- Is it merely a coincidence that now 20 per cent of our children have behaviour or learning problems that some scientists believe is related to food additives?
- Scientists suggest that along with our American cousins we are the most overfed and undernourished people in the world.
- It has been estimated that 10 per cent of deaths due to heart disease could be avoided by taking a multivitamin with a B complex daily.
- Among Africans eating traditional diets, which are high in fibre, there is almost no appendicitis, colon disease, diabetes or hiatus hernias.
- The average person consumes more than 14 lbs. of food additives each year.
- There are more than 3,000 food additives that are used for dyes, artificial flavouring, texturing agents, etc.

- Additives have been tested singularly but not in combinations.
- Studies have shown that when breast milk was microwaved, almost all the antibodies and lysozymes that protect us from infection are destroyed and vitamin C levels are diminished.

- We have less leisure time now than we did 20 years ago, therefore the increased stress that many of us feel today contributes to ulcerative colitis, skin conditions, and autoimmune problems.
  - We live in a toxic environment. Daily we are exposed to hundreds of chemicals from chlorine and fluoride in our water to second hand smoke, and chemicals in cosmetics, toiletries, household cleaning supplies, medications and workplace toxins.
  - Food stays in our stomachs from 2 to 4 hours, less with a low fat meal.
  - Many elderly people have a vitamin B12 deficiency that affects the body's ability to get oxygen into each cell. The main symptoms of this deficiency are dementia, depression, nervous system problems, muscle weakness and fatigue.
  - 80 per cent of American women do not meet the recommended daily intake for Vitamin E and zinc.
  - 31 per cent of female college athletes in one study were iron deficient.
  - We are 70 per cent water so it is therefore suggested that we replenish ourselves with at least 8 glasses of pure clean water each day.
- According to the U.S. department of agriculture for 2001:
- The average American consumed 147 lbs. of artificial sweeteners.
  - Americans drink more than 258 cups of coffee a year.
  - The average American drinks 25 gallons of alcohol a year.
  - On average, Americans each ate 4.3 lbs. of potato chips, 22.2 lbs. of candy and 38 donuts annually.
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# Oshawa Living

## Red Hatters host fashion show

By Courtney Duffett  
The Oshawa Express

Ladies are getting their red hats and purple clothes ready for a fashion show with the Happy Red Hatters in September.

Happy Red Hatters, a local Oshawa chapter with the Red Hat Society, is putting on a Luncheon Bling Fashion Show Sept. 17 for all interested Red Hatters.

The event, to be held at the Best Western on Bloor Street in Oshawa, will feature clothing from Brenda Marshall's Pazazz Red Hat Store in Shelbourne with ladies from the Happy Red Hatters chapter as the models for the show.

"It's all about the fun and friendship," says Eleanor Rowlandson, queen of the Happy Red Hatters, adding that the chapter, one of 15 in Oshawa, has been a member of the Red Hat Society for about four years.

Rowlandson started the chapter as a way of going out and having fun with the ladies, participating in events including dinner theatres, birthday bashes, parties, luncheons, mini putting and more.

"It's nice to interact with the ladies and have fun," says Rowlandson. "It's a woman thing. I like getting out and having fun with all the ladies."

Aside from the 15 local chapters in Oshawa, there are chapters all over Canada and the United States.

With the Red Hat Society headquarters in Fullerton, California, the organization is celebrating 10 years of ladies over 50 sporting the red hats and purple clothing.

But the club isn't just for ladies over 50. Those ladies under 50 wanting to join a chapter can wear pink hats.

The Luncheon Bling Fashion Show at Best Western on Sept. 17 includes a \$30 registration, payable in advance, and is open to about 150 ladies. Tickets are still available.

Doors open about 11:30 a.m., lunch is at noon followed by the fashion show.

For more information on the event or for tickets, call Rowlandson at 905-432-3991 or email her at [queenej@igs.net](mailto:queenej@igs.net).

For more information about the Red Hat Society, visit [www.redhatsociety.com](http://www.redhatsociety.com).



The Happy Red Hatters, a local Red Hat group in Oshawa is hosting a Luncheon Bling Fashion Show at Best Western on Sept. 17 with fashions from Pazazz Red Hat Store in Shelbourne.

## Theatre a passion for Oshawa native



Oshawa native Luke Foster plays the role of a father of one of the students in the Schoolhouse production at 4th Line Theatre, which runs through to Aug. 30.

By Courtney Duffett  
The Oshawa Express

An Oshawa native has found his passion on the stage.

After about 10 years of searching, Luke Foster, 30, has found that acting and being on stage is what he truly wants to do.

Foster is currently performing in Leanna Brodie's Schoolhouse at 4th Line Theatre in Millbrook, Ontario. This is Foster's second season with 4th Line Theatre.

"I love (being on stage)," says Foster. "I have to soak it all in. It's like a craving."

After attending college for policing more than 10 years ago, Foster decided it wasn't what he wanted to do. After a couple years and many aptitude tests, he went back to Humber College for acting.

Having been the only boy of four kids growing up, he got a lot of attention and finds that

acting and being in the theatre is the only career that he can get enough attention to fulfill his needs.

Foster recently finished a production, the Last Green Hill, with 4th Line Theatre last month and performed in Schoolhouse last season.

"I like getting the attention but also giving back and being able to entertain for others," says Foster. "It's really like a passion. There's effort needed but, in the end, the awards are amazing."

Schoolhouse is set in 1938. The story pays tribute to a young teacher who helps shape the lives of children inspiring a true love of learning.

Schoolhouse runs through to Aug. 30, Tuesday through Saturday at 6 p.m. with an added production on Aug. 18.

For more information about 4th Line Theatre or for tickets, visit [www.4thlinetheatre.on.ca](http://www.4thlinetheatre.on.ca) or call 1-800-814-0055.

## Local cancer walk set for October

Area residents are helping raise money for breast cancer.

More than 400 Durham area residents will rally together at the Canadian Cancer Society's annual Taking Steps Against Breast Cancer walk, to show their support for women living with breast cancer in the community and to demonstrate they are not alone in the fight.

The event is a non-competitive, 5 km walk that raises money for life-saving breast cancer research. It is also an opportunity for families and friends to celebrate cancer survivors and remember those

who have lost their lives to the disease.

The Canadian Cancer Society is a national community-based organization of volunteers whose mission is the eradication of cancer and the enhancement of the quality of life of people living with cancer.

This year's walk will take place Oct. 19 from 12:30 p.m. to 4 p.m. at Heydenshore Pavilion, 589 Water Street in Whitby.

Visit [www.cancer.ca](http://www.cancer.ca) or call 1-888-939-3333 for more information.

## Mosquito-borne virus kills horse in north Durham

A Durham Region horse has died from the mosquito-borne illness Eastern Equine Encephalitis, or EEE.

The health department was notified that a horse in north Durham was infected with the virus, which bears similarities to West Nile Virus, earlier this month and died shortly thereafter. Like West Nile, EEE can be transmitted to humans through the bite of an infected mosquito and causes similar symptoms.

"Although EEE is uncommon in Ontario and the risk to

humans is quite low, there have also been two positive WNV birds reported in Durham Region in the last two weeks," says Dr. Monika Dutt, Durham Region's acting medical officer of health. "Therefore, it is important for everyone to remember to take precautions to help reduce the risk of being bitten by mosquitoes."

The health department will continue to investigate the situation through activities such as testing mosquitoes in the area for EEE.

## Old jewelry is new again

Dig up those hidden gems and old treasures as Oshawa Senior Citizens Centres is looking for donations for its annual Jewelry Sale.

The sale will be held this fall at the John Street Branch. Proceeds from the fundraiser will go towards supporting the centres.

Donations of gently used jewelry can be dropped off at any branch in Oshawa including 43 John Street West, the Northview Branch at 150 Beatrice St. E or the Legends Branch at 1661 Harmony Rd. N.

For more information, call Leisa Davie at 905-576-6712 ext. 2832.

# Oshawa Living



## Express My Perfect Pet

To have your pet included in The Oshawa Express My Perfect Pet, please send a photograph of your pet To: The Oshawa Express, 600 Thornton Rd. S., Oshawa, ON L1J 6W7 or email: courtney@oshawaexpress.ca  
*Photos will be available for pick up at this location.*



Sheba, 5, loves her picture being taken and she is a very loving cat.

The Oshawa Express would like to remind its readers to still send in Echo Baby pictures to run bi-weekly to the Express Perfect Pet feature.

## The Stars Say...

**ARIES:** March 20 to April 19  
 This week's planetary energies bring good luck in partnerships, business and finances. A relationship demands your attention. You know what you want and will actively pursue it.

**TAURUS:** April 19 to May 20  
 Complete a home improvement project or buy new items for the house. Invite friends over for a home cooked meal. Build supportive relationships at work. Join a gym or try out a new fitness program.

**GEMINI:** May 20 to June 21  
 Kick up your heels and amuse yourself. Enjoy fun times with witty and intelligent people. You could attract an exciting relationship, but chances are good that it may not last.

**CANCER:** June 21 to July 22  
 Motivated by devotion, you show your love through the care and attention you give to others. However, you need a great deal of reassurance from your partner. If you require a car repair, take it to an expert.

**LEO:** July 22 to August 22  
 A great communicator, you can talk anyone into just about anything. You will reach a wider audience through the art of public speaking. Display positive qualities during this period of personal progress.

**VIRGO:** August 22 to Sept 22  
 Get rid of an uptight attitude and show off your wit and sense of humour. Over the next year, you could receive recognition and be rewarded for the many things you have accomplished. Schedule quiet time to meditate.

**LIBRA:** Sept 22 to Oct 23  
 Full of life, you should channel your energy into a personal project. You might consider starting your own business. More confident and assertive now, you have plenty of "stage presence".

**SCORPIO:** Oct 23 to Nov 22  
 Take on a leadership role in a club or organization. Network with people who can help you in business. Friendships and social activities offer new opportunities. A platonic relationship becomes romantic.

**SAGITTARIUS:** Nov 22 to Dec 21  
 Take a learning vacation or attend a seminar or conference. Step away from your daily routine and try something new. Contact friends and relatives at a distance. Channel your energy into a practical project.

**CAPRICORN:** Dec 21 to Jan 19  
 Career interests dominate your life. Your standing and reputation in the community are highlighted now. Always willing to take on extra work, you should let others do their fair share.

**AQUARIUS:** Jan 19 to Feb 19  
 Get away with your partner over the next few weeks and take a vacation by the beach. Enjoy the sun, sand and sea. If single, this month's solar energy could activate a new romance.

**PISCES:** Feb 19 to March 20  
 Keep your calendar flexible so you are available to accept invitations from friends. A raise, bonus or promotion is also possible. Your financial decisions are based on intuition, rather than common sense. Cut costs where possible.

The Stars Say is provided by Joan Ann of Oshawa. For personal readings, call 905-725-9179 or visit her website at [www.astroconsultation.com](http://www.astroconsultation.com)

KATHLEEN SAXE

## WORD GAME

TODAY'S WORD — ACROBATS

(ACROBATS: AK-rub-bats: Persons skilled in feats of balance and agility in gymnastics.)

Average mark 30 words

Time limit 40 minutes

Can you find 43 or more words in ACROBATS?

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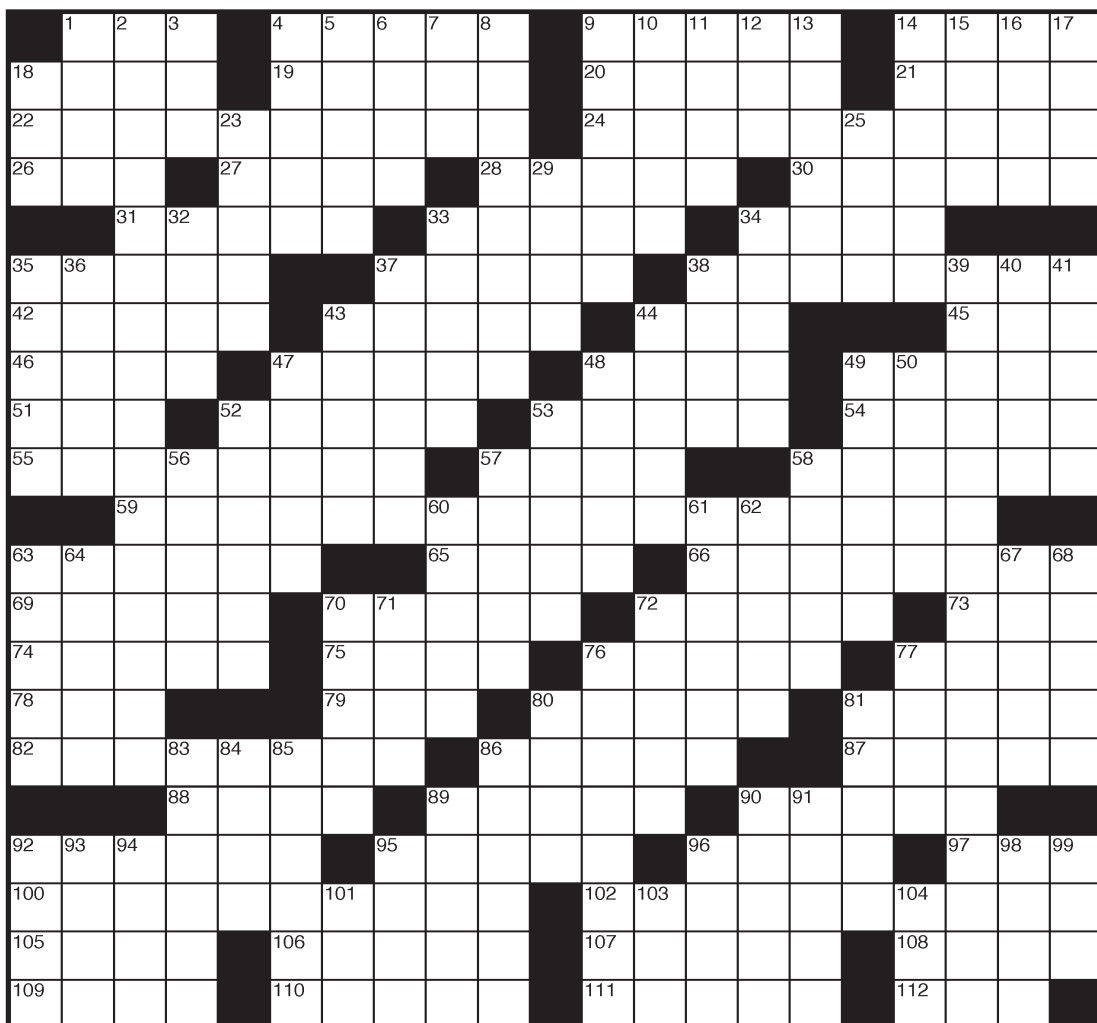
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Aug 13 Word Game Answers

### PATELLA

paella	pate	plate	tall	lapel
palate	peal	plea	tapa	late
pale	peat	pleat	tape	leap
palea	pelt	alate	teal	leapt
pall	petal	tala	tell	
pallet	plat	tale	tepal	

## THEME CROSSWORD



## MISTAKEN IDENTITY

### ACROSS

1. Tpk.
4. Chagall and Anthony
9. Cries out
14. Hoof-on-pavement sound
18. Turn
19. Numskull
20. Come into notice
21. Great soprano role
22. Start of a quip by Rodney Dangerfield: 4 wds.
24. Part 2 of quip: 3 wds.
26. Arthropod
27. Sets
28. Great and Finger
30. Fleers

31. Core
33. Basketball teams
34. Purplish color
35. Extract metals from ores
37. Looked
38. Grocery sack: 2 wds.
42. Equus caballus
43. Kitchen item
44. Jazz devotee
45. American Indian
46. — Major
47. Had concerns
48. Certain vocalist
49. Elementary particle
51. Make lace
52. Undamaged
53. Autocratic
54. Of fleecy beasts

55. City in New York
57. Louver
58. Quills
59. Part 3 of quip: 5 wds.
63. Holy Roman —
65. Cowl
66. Surpluses
69. Slip
70. Variety of beet
72. Burn, in a way
73. Hit-show announcement
74. Like some walls
75. Shake
76. Legal document
77. Cicatrix
78. Roll of the dice
79. Wapiti
80. Take as a given
81. A pronoun
82. Overstuffed
86. Set about

87. Pores
88. Horizontal spar
89. Part of some garments
90. Frown
92. — daisy
95. Kind of magical card
96. Mountain lake
97. Time
100. Part 4 of quip: 2 wds.
102. End of the quip: 4 wds.
105. Gaelic
106. Peter's —
107. Old Roman official
108. Yield by treaty
109. Attendee
110. Filled
111. Descartes and Coty
112. Curve shape

### DOWN

1. Cut down
2. Energy saver: 2 wds.
3. Periods: abbr.
4. Pitman
5. Man
6. Fixes fraudulently
7. Mil. rank
8. Not naturalistic, artistically
9. Chattered
10. Iroquoians
11. Chapeaus
12. Letter after chi
13. Guarantees: 2 wds.
14. Calling
15. Comparable
16. River in central Europe
17. Tablets
18. — Dolorosa
23. Form of quartz

25. Start of many stories
29. Affirm
32. Wagnerian heroine
33. Got along
34. Fall guy
35. Slams
36. Marine predator
37. Semiprecious stone
38. Ticket of a kind
39. Educational institutions: 2 wds.
40. Make expiation
41. Heredity units
43. Lull
44. Class
47. Sporty set of wheels
48. PC part
49. Swabbed
50. Harmful things
52. Phobic

53. Royal lineage
56. Flavoring plant
57. Marabou
58. Column base
60. Crude dwelling
61. Gelling agent
62. Glorify
63. The cream
64. Hotshot's cousin
67. Remove, in a way
68. Blains
70. Nicene —
71. Place for cargo
72. Fiber plant
76. In concert
77. Spectacular
80. The cucumber is one
81. Sandal part
83. Bivalve
84. Pro —
85. Understands
86. Intruded (with "in")

89. Surgeon's knife
90. Costly fur
91. Exclamations
92. Keel part
93. Sizable sandwich
94. Church area
95. Dye
96. Certain sibling
98. Ohio players
99. Devoured
101. Parrot
103. Work in verse
104. The rocks

PRIZE: Bring in your completed and correct Express Crossword puzzle before the answers run in the following Wednesday edition and you will receive an Express T-shirt. Limit is one t-shirt per person for the year. Congratulations to Ron Ramphal for completing the 23 crossword puzzle.

61 **A** 62 **T** 63 **A**

**Best New**

64 **S** **M** **A** **L** **L** **C** **A** **R** 65 **I** **N** **2** **0** **0** **8**

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# Oshawa Living



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## Thurs. Aug. 21

**BE A STAND-UP COMEDIAN** – Learn how to be a stand-up comedian at this non-stop Laugh-a-palooza. Find out Who's on First, make a joke book, play trivia, win prizes and more. For ages 12 to 19. Event begins at 2 p.m. It is free registration at any Oshawa Public Libraries branch.

## Wed. Aug. 27

**RUMMAGE SALE** – Harmony United Church, 15 Harmony Rd. N. Used clothing and accessories will be for sale in the church hall from 10 a.m. to noon. All are welcome.

## Wed. Sept. 3 and 10

**COUNTY TOWN SINGERS FALL AUDITIONS** – Whitby Seniors Centre, Brock St. S. in Whitby. The group is looking for new members with auditions open for all parts from 7:30 to 10:30 p.m. Contact Julianna Paprocki at 905-668-5743 for more information.

## Fri. Sept. 5

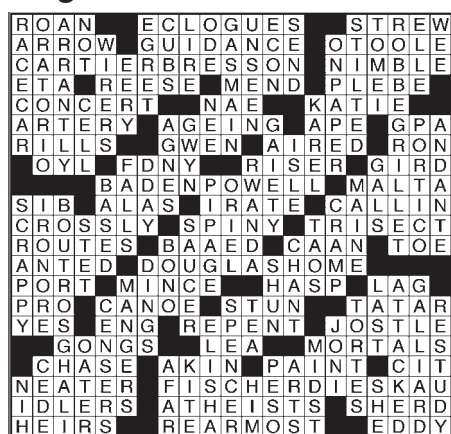
**COUNTRY HOEDOWN FEATURING THE SHELTER VALLEY BOYS** – Head Injury Association of Durham Region, 850 King St. W., Unit 24. The 8 p.m. event includes dancing, contests, 50/50 draw, auction and

more. Tickets are \$5 and benefit the Head Injury Association of Durham Region. For information, call 905-723-2732 or 1-866-354-4464.

## Sun. Sept. 14

**Military Family Fundraiser – Class Act Dinner Theatre**, 104 Consumers Rd. in Whitby. Get a chance to hear about from Military Families Fund from retired Lieutenant-General Bill Leach, enjoy a five-course buffet and take in the show Cash On Delivery. Tickets are \$75. Event begins at 11:30 a.m.

## Aug. 13 crossword answers



## Region to offer safer dining

Residents can soon look forward to a new food safety program, which is set to begin next spring.

Durham Region health department is launching a new food safety disclosure program based on the “green, yellow and red” signs used in other GTA jurisdictions. The goal is to provide consumers with more detailed and timely information regarding inspections of area food establishments. The new program is set to begin in spring 2009.

“Food safety disclosure programs in other jurisdictions have helped improve compliance with regulations and standards in food safety practices for the consumer,” says Ken Gorman, director of environmental health with Durham Region health department. “Our new program will include the posting of a green, yellow or red-coloured sign at a restaurant or food premise, following the health department’s regular inspection. This will provide consumers with an opportunity to make informed choices when dining out of shopping at local food establishments.”

The health department is looking for people to fill out a survey based on the new program.

All survey responses will be reviewed and the community will be notified about the implementation of the new program prior to the launch. Earlier this year, the health department held a number of consultation meetings with owners and operators of area food establishments to get their thoughts and opinions on this new process.

“Results from this survey will help determine the best way to communicate inspection results to the public,” says Gorman. “The survey is very brief and we hope area residents are able to take the time to share their thoughts with us.”

The health department currently provides details of ongoing inspections of food establishments in the area through its Restaurant and Food Premises Inspection and Disclosure report. This report is distributed twice annually through area media and is also posted on the region’s website.

To complete the survey or for more information about the food safety program, visit [www.region.durham.on.ca](http://www.region.durham.on.ca) or call the Environmental Help Line at 1-888-777-9613 ext. 2188.

## Road closed, Waste Centre open

Despite the closure of Garrard Road in Whitby, the Region of Durham’s Waste Management Centre is still open for business.

Durham residents are advised that the centre, located at 4600 Garrard Rd., is

accessible from Conlin Road while Garrard is expected to remain closed until the end of August due to construction. Drivers are asked to follow all posted detour signs to gain access to the facility.

## Remembering the outhouse

It was known by many names—the outhouse, the backhouse, the biffy, the little shack outback, the shanty, the privy—or simply, the little house. But whatever way in which it was described in those “good old days”, the outdoor toilet was as much a part of life as rural mail delivery, or the little red schoolhouse.

For the most part, these fresh air latrines have faded into oblivion like the horse and buggy—to the regret of no one who was forced to depend upon one for everyday use. Since the introduction of the fiberglass porta-toilet, even in roadside rest areas and public parks, they are rarely seen anymore.

Without going into unnecessary detail, these primitive bathrooms were quite simply constructed. They required a pit dug in the ground, a basic 4-foot by 4-foot by 7-foot high shack, complete with a bench, in which were cut the desired



**Do You Remember?**  
**Glen Goodhand**

amount of round openings. That choice fostered the terms single-holer, double-holer, etc.—with the most common being the dual variety. For sanitary and perfumery purposes this convenience was normally built at least fifty feet from the main house.

Some more diligent designers made it a practice to wallpaper the little structure. It took away the rugged look and even acted as a buffer against the chilly winds blowing through the cracks between the boards. In more modern times, when indoor powder rooms were not within the family budget, store-bought toilet seats were added to dress up the place, and to add comfort to the stay. Some enterprising ladies of the house used to plant hollyhocks to improve the scenery, minimizing the reality of its presence.

Whatever negatives have been ascribed to the outhouse, it usually has had to do with the inherent discomfort connected with the unit. Going out there in the dark, not knowing if an errant skunk might be poking around, foraging for a late-evening snack, was a very practical concern.

For privacy reasons, there normally were not windows of consequence in those roughshod coops, meaning that heat built up rather quickly during hot summer days. But, beyond a shadow of a doubt, it was the prospect of an icy perch in the dead of winter, which most frequently placed the engineering marvel on top of the hate list! Add an uninvited mini snowdrift to the seating area, and procrastination became a common reason for reaching for the Milk of Magnesia bottle.

One of the most frequently asked questions about the little house concerns the quarter moon symbol carved in the door of most of them. Apparently, when these privies were the public toilets of the day, even as there now images signifying “men” or “ladies”, a star etched in the door indicated it was for males—a quarter moon likewise signaled it was for females. Not surprisingly, the men’s outhouses were often in such disrepair, that everyone wanted to use the women’s shanties. That situation was so widespread that eventually only the latter ones were fit for occupation. Hence, the quarter moon evolved into being the sign for a biffy for everyone! Back in the late 1960’s, Billy Ed Wheeler introduced a novelty song which urged: “Don’t let ‘em tear that little brown building down!” But from everyone ever destined to use such facilities he must surely have heard only a chorus of BOOS!



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Umpiring in final game atrocious, says Dodgers' coach

## Bleiwas looking ahead with confidence

By Wally Donaldson  
The Oshawa Express

Dan Bleiwas is convinced the Intercounty Baseball League is comprised of quality umpiring. He was witness to this with the Oshawa Dodgers throughout the regular season and into post-season play.

However, the Oshawa skipper still wonders to this day where the quality umpires were last Friday night at Labatt Park in London.

"They weren't on the field, that's for sure," fumed Bleiwas following Oshawa's 6-5 10-inning loss to the Majors.

The outcome eliminated the Dodgers from further playoff competition, suffering a 4-1 best-of-seven series loss to the older and more seasoned Majors.

Bleiwas' bone of contention actually unfolded prior to the contest when learning the second base umpire is the father of Adam Parliament, who plays for the Brantford Red Sox and is currently engaged in the other playoff series against the Guelph Royals.

"It's tough, but you try to look the other way," said the Oshawa coach, "and that didn't last one inning."

Dodgers scored three runs in the first inning and had the bases filled with one out when London pitcher Pierre Miville-Deschenes executed a pick-off play to second. Although it appeared Ryan Fleming had got safely back to the bag, says Bleiwas, "The umpire (Parliament) had his back to the play, peered over his shoulder and casually pumped his first in the air. I lost it.

"The umpiring for such a crucial game was atrocious, nothing more than a comedy. I can't understand that with only four teams left, we should be getting the cream of the crop. What we got was an absolute farce."

Dodgers held a 5-3 lead heading into the bottom of the ninth, but were unable to hold it as the majors

struck for a pair in the ninth and one more in the 10th for the series victory.

Vince Burke drove home Jess Bechard with the winning run to complete the rally.

London, collecting 14 hits in this one, tied the score in the ninth off a Rudy Vallejos sacrifice fly and a run-scoring single by Kyle Piwowarczyk.

Miville-Deschenes went nine innings, allowing five runs – four earned – on nine hits with 10 strikeouts and three walks.

Reliever Mike Mitro struck out the side in the top of the 10th to get credit for the win.

Young pitching sensation Evan Grills went seven strong innings for the Dodgers and left the game sporting a 4-3 lead.

Scott Kelly took the loss, allowing three runs on six hits.

Majors, who finished 10 games ahead of the Dodgers, pushed Oshawa to the brink last Thursday night at Kinsmen Stadium with a 5-4 victory.

Calway hit safely twice in three trips to the plate, contributing two RBI's for the Dodgers, who had 10 hits.

Fleming and Sean Travers both had two hits each for the Dodgers, who played the game under protest due to a ruling over a ball that was lodged in the vines on the wall at Kinsmen Stadium in the eighth inning.

"It was a disappointing ending, but I am still very pleased with our overall performance this year," adds Bleiwas. "We exceeded all expectations as the youngest team in the league."

Which sets the table for next season. Bleiwas would like nothing better than to return to the bench as head coach, piloting a club which is certain to take on a different complexion.

"Nobody knows for certain how many changes will be required next season," says Bleiwas, "but you can bet we will lose players to pro ball and other opportunities."



Photo by Wally Donaldson/The Oshawa Express

A London Majors' runner eats some dirt while diving back to first base with infielder Ken Calway of the Oshawa Dodgers waiting for the ball during Intercounty Baseball League play at Kinsmen Stadium. The Dodgers were ousted by the Majors in the best-of-seven playoff series.

Highly-touted pitchers Adam Garner and Cam Gray are expected to get serious consideration from professional organizations.

"It would be nice to have them back, but, realistically, we have to go forward and concentrate on a lot of recruiting."

Bleiwas has the advantage of knowing the talent beyond the Kinsmen walls. He also serves as coach of the young Ontario Blue Jays. Marcus Knecht, who saw duty with the Dodgers earlier in

the season and also played for the Jays, was a draft pick of the Milwaukee Brewers.

The late additions of Sean Travers and Tyler Johnstone in a deal with the Toronto Maple Leafs played an integral role in fortifying a young lineup.

They did strengthen our team. Our younger players got a good feel of what experience can do for you and, really, their veteran presence raised the bar for our other players."

## Camp opens Monday

# Gens sign Carnevale, Bailie

Chris DePiero has tipped his hand, so to speak, as to the type of team he wants to be in control of once the Ontario Hockey League (OHL) season unfolds. The head coach and general manager of the Oshawa Generals is looking for creativity – goaltending out!

It has, on paper anyways, already begun to play out.

Generals acquired forward Taylor Carnevale from the Plymouth Whalers, dealing a second and fifth round pick in 2011 for his services, earlier in the week. Whalers also receive a fourth-round pick in 2011.

Meanwhile, with Daryl Borden no longer in the picture, the Generals made certain of their future by inking first-round draft pick Kevin Bailie, who will use his rangy six-foot-three size between the pipes.

"Taylor will bring some offensive

creativity to the team and a strong work ethic that will complement our forward group," said DePiero. "And as for Kevin, he's a big efficient goaltender who should develop over his time in the Ontario Hockey League (OHL)."

Actually, the Generals have sights on making him their number one goaltender. Time will tell as the rookie training camp opens on Monday, followed by the veteran players one day later at the GM Centre.

Nothing abnormal here as the Generals begin with the physicals, followed by on-ice workouts. They play their first exhibition game on Sunday, August 31 in St. Catharines against the Niagara IceDogs.

Carnevale, a 5-foot-11 centre and native of Mississauga, completed his first OHL season with the Whalers last year, scoring six goals and 13 points in

57 outings.

Ironically, Carnevale notched his first OHL goal and assist last October 6 --- against the Generals.

Bailie, selected as the only first-round goaltender (16th overall) in the recent OHL Priority Draft, posted a goals-against average of 1.81 and recorded three shutouts during his midget tenure with the Quinte Red Devils.

DePiero acknowledges there is a strong nucleus of returning players available. Just who walks in the GM Centre door won't be known until the beginning of camp.

"We have a lot of returnees, but we've also lost a lot of key players," he acknowledges. "I'm not concerned about that right now. My vision is that we will be a hard team to play against every night. That's the main thing."

## UOIT rowers are all muscle

Members of the UOIT Ridgebacks women's rowing team will be training off the water and trading in their oars for a different type of competition as they are set to take part in the Fourth Annual Woodstock Strongman Competition this Saturday in part of the Ontario Strongman Association (OSA) tour.

Ingrid Piat and Tayon Brown of Oshawa, Courtice's Elysbeth Reavell-Roy and Lisa Harrington of Whitby will be participating in the event which is predicted to draw a large audience in downtown Woodstock. The four Ridgeback teammates are also in preparation for the upcoming OUA rowing season as they all race in the varsity open weight women's eight. Participants will be com-

peting in four events including the axle press, Conan's wheel, the frame walk and tire flip during the second leg of the 2008 strongman series tour.

UOIT Ridgebacks head coach Rob Millikin believes the competition is a great way to stay in shape for the varsity rowing season as he commented that all four of the rowers are very serious when it comes to athletics and their education, as they take their training for their sport and schooling very seriously.

Selection camp for the UOIT Ridgebacks 2008 season will begin on Saturday, August 30 at 8:30 p.m. For more information on UOIT Ridgebacks rowing, please visit the official varsity website at [www.uoitridgebacks.com](http://www.uoitridgebacks.com).

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## Quality soccer action at Central Cup



Photo by Wally Donaldson/The Oshawa Express

These two players compete for ball possession during Central Soccer League Cup Under-17 action last weekend at Civic Fields. The Olympic Flame Spartans edged the Scarborough Blizzard 3-2 in this match.

One Oshawa team has qualified for the final of the Central Soccer League (CSL) Cup following weekend action at Civic Fields in Oshawa. The Oshawa Turul under 14 side won four straight games in its bid to compete September 14 in the championship match against the Sun Devils Black.

Turul upended Markham Lightning 3-1 in the opener and followed up with victories against the East York Dynamos 6-1, Barrie Spirit 3-1 and Sun Devils Red 3-2.

In the Under 18 category, Oshawa Kicks topped Collingwood United 4-1 and Newmarket United 1-0 before bowing out to the Kawartha lakes Inferno 1-0.

Armour Heights Knights took the Kicks out in the first round 1-0, but it will be the Olympic Flame Spartans against Sudbury Panhellenic United in the final on September 14.

Oshawa Turul defeated the Toronto Eagles 2-0 in the Under 16 category, but lost their second match to NSSC Sting 2-0. Oshawa

Kicks lost to the Barrie Spirit 6-0. Ajax Rapids will play Clairlea Westview in the final September 4.

PSC Xtreme blanked Oshawa Kicks 1-0 in the Under 15 division and in the Under 13 category, the Toronto Eagles will play the Woodbridge Strikers in the final September 14.

Oshawa Turul Under 12 side won its opening match to the Wexford Pythons 5-4, but lost the second contest 1-0 to the Hearts Azzurri.

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## Hughes scores big hit in Uxbridge

By Wally Donaldson  
The Oshawa Express

Although an avid golf member at the Lindsay Golf and Country Club for several years, Dave Hughes and three of his friends decided to treat themselves to a "change of scenery" a couple of weeks ago and it is one the Oshawa golfer won't soon forget.

The foursome gathered the clubs and headed to Wooden Sticks in Uxbridge for what was intended to be nothing more than a grand opportunity to check out the course and appreciate yet another finely-groomed facility.

Hughes was joined by Steve Miller of

Oshawa, Len Morishita of Whitby and Gavin Gomes of Ajax for this round.

Everything was moving along smoothly until Hughes stepped up to the par-three signature 17th hole with a pitching wedge, determined to clear the water and land on the island green --- a mirror hole of one fashioned at a course in Florida.

Hughes, an assistant manager of an LCBO store in Whitby, stepped into the ball and "To be honest, I was just happy to see the ball hit dry land," he said with a huge grin.

The ball not only hit dry land on this 110-yard hole, it dropped straight into the cup -- a hole in one.

"I knew I hit it well and I hit it high," beamed Hughes. The ball hit on the green, spun to the left and down into the hole. I knew it was close (to the hole), but I didn't realize it went in until Steve found it in the cup."

It marked only the second visit to this course for Hughes, who vividly recalls his first attempt on the 17th hole when "I snap hooked one right into the water. I took a six on that hole and my son (Corey) parred it," said Hughes adding with a huge smile, "Naturally, I made a phone call to my son after acing that hole."

Golfers who eagle any of the holes at Wooden Sticks qualify for an "Eagles Club" tournament in September. Hughes will obviously be among the entrants to qualify for next month's tourney, along with the next two successive seasons.



Photo by Wally Donaldson/The Oshawa Express

Oshawa's Dave Hughes is an avid golfer but never in his wildest dreams did he ever believe he could record a hole in one. He did just that at Wooden Sticks in Uxbridge.

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## A clean print cartridge is a happy print cartridge

Most cartridges can be filled several times, but you should be aware that the lifespan of the cartridge can be extended to almost double the expected by following a few simple rules of Cartridge Maintenance.

Firstly, there is nothing unhappier than a dry cartridge. How, you ask, can we ensure the cartridge is kept in a moist condition?

1. Never operate the printer when you are aware that the cartridge is empty. Expecting the print head to fire without

ink is akin to boiling water dry in a saucepan and not removing the pan from the heat.

2. Pay regular attention to the print head. Coagulated ink on or around this area is a recipe for disaster. The cartridge should be removed from the printer, say around once every two weeks, and the print head rubbed with a moist rag to clean off any residual ink in that area.

Never use any form of solvent; the ink in the cartridge is water based and this is the only cleaning substance that can safely be used. In the case of Hewlett Packard cartridge, the print head should show a nice shiny brass area with slight ink seepage, and in the case of the Canon the print head will be clean without any ink over the head itself. There is no need to dry the head, which should still be moist when returned to the printer.

3. Have the cartridge refilled before it gets totally empty. Another alternative is to top up every couple of weeks or so, depending on how often the printer is used.

4. Nothing is more important than running "The Print Head Clean" option, shown in the operator's manual, on a regular basis, to ensure the head is cleaned.

Most machines also have the option of printing a jet-by-jet grid to allow you to physically check whether a jet in the head is blocked. We cannot overstate the importance of running this function, especially in those printers where the print head is not an integral part of the cartridge (eg. Epson, Canon). We have known cases where a printer has failed to print all but a print shadow and the customer has been advised to replace the print head, when the prob-

lem could have been solved by allowing the print head with cartridge inserted to stand for 24 hours and then carry out the head clean and test procedures for two to three cycles.

### Summary:

- Keep the cartridge in the machine unless refilling
- Physically clean the head if possible
- Top up with ink on a regular basis
- Run the print head clean option

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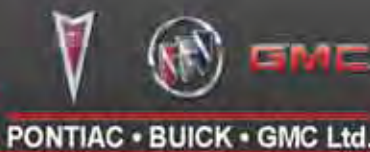


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