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The Oshawa Express

\$1.00 www.oshawaexpress.ca Well Written, Well Read Vol 3 No 53 Wednesday, Oct 29 2008

The Oshawa Express three years old

With this very issue, The Oshawa Express Newspaper is celebrating a milestone as it prepares to embark on its fourth year of publishing.

The newspaper was founded in October 2005 by some of the reporters and photographers who had worked at the now-defunct Oshawa Times daily newspaper.

The weekly quickly established itself as part of the media landscape in the city of Oshawa, and is seen as an important source of community news in this city.

Community groups and businesses have embraced the newspaper as an important vehicle to deliver local events and happenings to the residents of this city.

"We are proud of the accomplishments of our staff and what they have done to build the community newspaper over the years," says The Oshawa Express Publisher Greg McDowell. "Everyone from our young carriers to our sales staff and our editorial and administrative employees has done a great job."

"It takes a great team to put together the newspaper each and every week and we are fortunate to have a good crew," adds McDowell.

The Oshawa Express Newspaper has been expanding through the years and this year has increased community sports coverage, along with adding some other popular features like a local historical column, to give readers our idea of the rich history of the city.

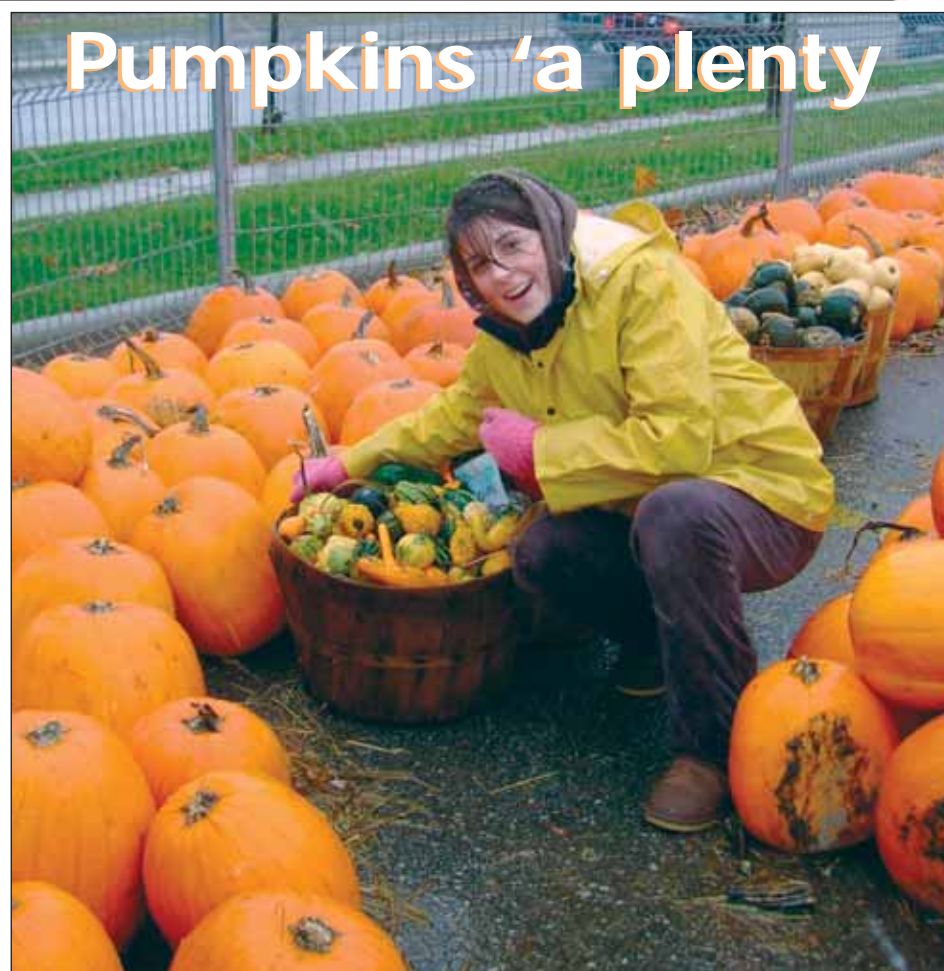


Photo by Cynthia McQueen/The Oshawa Express

Alexandra Ratchford, was working the produce table for Watson's farm when things got a little hairy. The winds were so strong that the roof snapped off her produce stall. "I had to call my boss to bring me another one," said Ratchford. For the full story see **SNOW** on Page 3

Police contract talks:

More money more officers

By Cynthia McQueen
The Oshawa Express

What do they want? More staff and more money.

Who are they? Your local men and women in blue.

The Durham Regional Police Association (DRPA) have filed for conciliation after negotiations broke down in a failed attempt to reach a contract agreement between DRPA and the Durham Regional Police Service Board (DRPSB).

The main issues for the men and women of the Durham Regional Police Service (DRPS) are fair wages and more staff.

Speaking to what he calls a staffing crisis, DRPA President, Doug Cavanaugh says, "You look at what's happened in Peel Region over the last couple of days. A week or so ago they had three homicides in one evening and I don't think Durham could handle that. I think we're

See **WHAT** Page 5

Pat Gostlin a tragic loss to Greens

By Cynthia McQueen
The Oshawa Express

Oshawa lost a true leader with the tragic death of local Green Party leader Pat Gostlin this weekend.

Gostlin will be remembered by the Green Party as making a major contribution to democracy in Canada, and specifically, for helping ensure leader Elizabeth May participated in the televised national leader's debate.

"Pat's untimely death is simply devastating," said Green Party leader Elizabeth May. "She was a tireless and dedicated advocate for change. Her warmth, kindness and cheer

touched all those she met. Pat will be sorely missed and I extend my deepest sympathies, on behalf of all Greens, to her family and loved ones."

Gostlin's efforts were instrumental in propelling the Greens into the televised debates in the last election, when she and other Greens organized a protest that hit the national airwaves.

"Many of us were blessed by the opportunity to know and work with Pat. Many more of us felt proud after learning of her tremendous efforts to protect democracy in Canada. Pat will always have a special place in Green history and today we mourn

her tragic passing," said May on Sunday.

Local Conservative leader, Colin Carrie expressed his deepest sympathies, "Words cannot begin to describe the deep loss and sadness I am feeling over the tragic and senseless death of Pat Gostlin. My thoughts and prayers go out to the family and friends of Pat during this difficult time."

"During this past election I was fortunate to have the opportunity to meet Pat. For those who had the pleasure to meet her, she will be remembered as a dedicated educator and a warm, genuine, selfless and kind individual. She did a tremendous

job on behalf of the Green Party and represented them with the utmost professionalism. Oshawa has lost a great citizen, and Pat will be deeply missed."

Pat Gostlin was 58. She was killed in a car crash caused by a drunk driver in the early morning hours of Sunday Oct. 26.

A 25 year-old Bowmanville man has been charged with Impaired Operation Causing Death, Failure to Provide a Breath Sample, Dangerous Driving Causing Death and Failure to Remain at the scene in connection with her death.

With files from The Green Party of Canada



he Oshawa Express File Photo

Late local Green Party leader, Pat Gostlin was an active member of the community.

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City Hall renovations bang on schedule



Photo by Katie Strachan/The Oshawa Express

Demolition of the old City Hall continues on Centre Street. Construction is on schedule and city councillors should be in their new offices in about three weeks.

By Katie Strachan
The Oshawa Express

The City Hall renovation is right on track, which is good news for councillors and city hall staff.

Councillors and city staff have been forced into temporary locations, some in the Rundle

Tower and others around the city, at the beginning of this year. A recently released report says renovations to the councillors wing should be complete in about three weeks.

But not all councillors were in favour of the decision to improve City Hall.

"Aside from the costs associated with the new project; another valid reason why I could not support the project is that I felt it was not

versatile enough a facility to be spending that kind of money for," says Councillor Tito-Dante Marimpietri who was one of three councillors that did not support the project.

Councillor John Neal and Councillor Robert Lutczyk felt the same way.

The project began in January and has a completion date of March 2010.

The redo, which is being conducted by Independent Project Managers in conjunction with City Hall and Barry Bryan Associates, is bang on schedule.

To date floors eight and nine of Rundle Tower have been internally demolished and construction of the new tower has begun. Crews are hoping to have it completed by March 2009.

The new council offices are being constructed now and will be located on the second floor of the tower. They will feature state-of-the-art working conditions.

The new mailroom and receiving area has been completed in the underground parking area.

Demolition of "A" wing is almost complete. The new council chamber is still under works.

Almost 90 per cent of this building was demolished on Thanksgiving weekend. This was done to reduce the number of traffic back-ups on Centre Street, as two lanes needed to be closed. The rest of the old council chambers will be ripped down in November.

Construction is set to begin very soon on the new and improved council chambers. It will seat 200 attendees; which is twice the seating of the former chamber.

Currently the Arts Resource Centre has been transformed into Council Chambers for all meetings.

Rundle Tower is still facing design plan changes but a final drawing is expected by the end of the.

Because the new City Hall will be LEED Certified, two weeks is needed to run the heating and air conditioning systems to flush any particles left over from construction such as paint and dust out of the system. LEED is an Environmental Design Green Building rating system that was adapted from a United States system. It is a part of the Canada Green Building Council and was tailored specifically to meet the needs of Canadian climates, construction procedures and regulations.

In order for a building to be LEED certified it must meet the five prerequisites of the program; sustainable sites, water efficiency, energy and atmosphere, materials and resources and indoor environment quality. The City Hall project is pursuing a silver certification for the entire project, according to the Canadian Green Building Council's site. This means the building could be used as an example and could be an educational tool to lead the community towards a "greener" future.

Tis' the season for the flu- here's what you should do

It's flu season and that means its time for the annual needle to help you stay well this winter.

Durham Region Health Department kicks-off its annual community influenza campaign this Saturday, where all residents aged six months and older are welcome to the free immunization as part of Ontario's influenza immunization program.

The first clinic will be held on Nov. 21 at the Oshawa Centre from 10 a.m. to 9 p.m.

Dr. Robert Kyle, Durham Region Medical Officer of Health

says, "It's important for all eligible residents to be vaccinated against influenza. It's especially important for households with a newborn or those expecting a new baby during the influenza season. The influenza vaccine is also safe and highly recommended for pregnant women at any stage during pregnancy to help protect both mother and baby.

Of the many myths about the flu shot, such as 'getting the flu shot will give you the flu' or 'I got the flu shot last year - I don't need it again,' Dr. Kyle says, "Many myths continue to circulate about the flu and the flu shot. The reality is the influenza vaccine is not a live virus vaccine; therefore, it cannot give you the flu. You should receive the vaccine every year to provide protection against the different types of flu strains that could circulate each season."

The free community flu

vaccine clinics run until Jan. 5, 2009.

The Health Department will host 21 free walk-in community flu clinics at various locations throughout the region. Information on clinic times and locations is available at www.region.durham.on.ca.

In addition, 13 community clinics will be held at the regional headquarters, 605 Rossland Rd. E., Whitby.

Clinics at this location will be offered on a walk-in basis as follows: Nov. 7, 21 and 28 from 2 to 7 p.m. Saturday walk-in clinics will also be offered from 10 a.m. to 3 p.m. on Nov. 1 and 29.

Appointment only clinics will also be held at this location from 9 a.m. to 4 p.m. on Nov. 3, 10, 17 and 24, Dec. 1, 8 and 15, and Jan. 5.

In addition to Health Department community flu clinics, flu shots will also be available from most doctors' offices and medical clinics.

For more information on influenza, the influenza vaccine or for a schedule of community clinics call Durham Health Connection Line at 905-666-6241 or 1-800-841-2729.

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EXPRESS Police briefs

Oshawa man charged with indecent exposure

A 26 year-old communications company installer has been charged with exposing himself in two separate incidents.

On Oct 2 investigators from North Durham were called to two separate incidents for a male exposing himself.

The first incident was reported at approximately 2:30 p.m. and took place at a home in Caesarea. The 61 year-old complainant reported that she was having high speed Internet service installed in her home when she noticed the male had exposed himself.

The second incident occurred at 3 p.m. at a convenience store in Port Perry. The 55 year-old store employee reported that the

male had exposed himself while inside the store. In both incidents the male left the scene in a White GMC van.

An investigation by North Durham investigators identified the accused as Tyler Mark of Pondtail Court in Oshawa. He is charged with two counts of indecent exposure.

Police are trying to determine if there are any other incidents. Anyone with information is asked to contact 1-888-579-1520 ext. 2674 and 2658. Anonymous tips can be made to Durham Regional Crime Stoppers at 1-800-222-TIPS and tipsters may be eligible for a cash reward of up to \$2,000.

Over 100 charges laid in investigation

Two Whitby men are facing over 100 charges in connection with a number of break-ins on commercial properties across Durham Region.

Between July and October, the suspects targeted commercial businesses, mostly late at night or early morning. The suspects would remove or break the glass door to gain access to the building. They stole money, cigarettes and electronics.

The investigation was coordinated by the Pickering and Whitby Criminal Investigation Bureaus and was first initiated

ed by uniform officers from Whitby.

Investigators have laid 112 charges against the two males and believe that they are responsible for at least 30 commercial break-ins across the region. The investigation is still ongoing. Anyone with information that may be related to this investigation is asked to contact the Criminal Investigations Branch Property Crimes Unit at 905-579-1520 or 1-888-579-1520 ext. 2541 Anonymous tips can be made to Durham Regional Crime Stoppers at 1-800-222-TIPS (8477).

Snow in October: Is it the season?

By Cynthia McQueen
The Oshawa Express

Patricia Rodney didn't know it was going to snow last week.

But she says, "I'm always prepared when it's the season."

According to Environment Canada, the last time it snowed in this region on Oct 21 was in 2006.

"Having a first taste of snow in October in the area is not all that uncommon," said Geoff Coulson, Warning Preparedness

weather accurately, snow in October is rare in south western Ontario.

Regardless, Rodney was prepared and pulled her scarf around her face, had a hat and gloves to keep her warm on her walk home.

Unfortunately for Alexandra Ratchford, who was working the produce table for Watson's farm, things got a little hairy.

The winds were so strong that the roof snapped off her

the Bratz, who wears a skirt, for Halloween despite the cold.

Her younger sister, Emma might be more prepared for some trick or

treating with less teeth chattering since she's dressing as a ghost.

The girls' mother said she had no idea it was going to snow Monday.

When she picked the girls up after school, she quickly dressed them in their winter mittens, hats and scarves.



Photo by Cynthia McQueen/The Oshawa Express

Maddy Shelley and Emma McMillen huddled for warmth when south western Ontario was hit by the first snow of the season.

Meteorologist with Environment Canada.

In terms of our winter weather forecast, Environment Canada's official winter forecast doesn't come out until Dec. 1, and until then, Coulson says there are no indications of a particularly snowy winter.

However, a few signs in nature and the venerable book that is the Farmer's Almanac may beg to differ.

The Farmer's Almanac, while much disputed in terms of weather accuracy, has predicted a numbingly cold snowy winter for 2008-2009.

Although the jury's still out on whether they've predicted the

produce stall.

"I had to call my boss to bring me another one," said Ratchford.

With snow in October, no one was feeling like shopping for Halloween so Ratchford didn't sell any pumpkins that day.

However, two local students were still excited to go trick or treating even in the snow.

"I love the snow," said Maddy McMillen

The seven year old still plans to dress up like one of



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Police make outrageous wage demands

Durham Regional Police have asked for the same pay as their counterparts in other places, like Peel Region, which is one of the stumbling blocks in labour negotiations.

The local cops want more pay and more officers and their union bosses are saying they want wage parity with the cops in other, larger regions, like Peel Region. It's no wonder that there has been no settlement yet in their contract talks.

It's unfair that local cops are asking for the same pay as officers in other forces, where the population happens to be about double that of Durham Region.

More people usually means more crime, and more crime means a higher risk for police officers, and busier days. Now, this should equate to more pay.

Yet, the local police union president Doug Cavanaugh says it's a matter of respect that his constables should be paid the same as police officers receive elsewhere. He said: We just ask that we be paid the same as our comparatives in Peel, Halton and York regions."

Well, we disagree.

Durham Region has roughly half the population of, say, Peel Region, for example, which sits at about 1.2 million (683,000 in Mississauga, 456,000 in Brampton and 61,000 in Caledon). And crime there seems to have taken off recently.

But that is not the case in Durham Region, where recent statistics indicate that violent crimes like murder are on the decrease or holding steady.

Policing is a huge part of the entire budget of Durham Region, which oversees policing for cities like Oshawa that make up the region. It represents 25 per cent of all spending.

Regional officials have asked the police force to show some spending restraint. They agree with the police association that more officers should be hired.

Wages, though, seem to be a big issue in the contract talks.

With the real estate and construction industries slowing down, less revenue will flow into government coffers, and local civic leaders are right in asking the police to show some restraint in spending.

And they are right not to cave to unreasonable contract demands.

Durham Regional Police do a fine job protecting the citizens of the region. But now is not the time for the police force to ask the region to go on a spending spree. The labour dispute appears headed to conciliation, where it is hoped cooler heads will prevail.



Letters to the Editor

Anti-social students need policing

Dear Editor,

None of the current attempts to solve the university housing problems will be successful because none of the stakeholders will be winners.

Both students and owners will be hurt by the moves by council, which is demonstrating its ineptitude again. Instead, I suggest the following measures:

1. The root cause seems to be anti-social behaviour by students. This can be addressed by better policing. The students' self interest should also lead them to control themselves.

The "Vince" needs to stay put

Dear Editor,

I am an occasional (sometimes frequent) visitor and would like to offer some thoughts on the present situation they are in. Particularly if the economy declines, there will be greater demands for their services.

I own a house, but my pension income plus some bookkeeping I do are not really enough. (I was forced into early retirement). I do occasional work as a security guard, but have only had around three to four weeks work this year. As my natural gas contract expired earlier this year, I am now paying 39c per cubic metre compared to the previous 21c, and I expect to be going to the Vince a lot when the heating bills really start to kick in closer to Christmas.

I buy food and prepare my meals at home, and rarely eat at restaurants, but when things get really tight, a meal for \$1.25 helps a lot. When I know in advance I'm going to be really short, I put part of my pension money into looneys and quarters, and line them up on the dresser. I feel a lot better when I can count the number of days that I know I will have at least one good meal.

Although in some respects I don't like the Vince that much, I'm awfully glad that they are there when I'm having a hard time. In addition to going there, I also try to buy cans of soup and fruit to supplement the Vincent meals.

A lot of the regulars at the Vince are people I remember from when I worked for "Labour Ready" some six years ago soon after my forced retirement. I was getting up at 4:30am to walk to their office, then sat around waiting for work. Sometimes we would get four or even eight hours work at minimum wage, but often we would be told that there was no more work and we could go home, so we got up early for nothing. I tried hard at it, but I'm not really built for physical

2. "Grandfather" rooming houses, which existed when the recent bylaw was initiated. The landlords spent money in good faith, creating spaces, which are apparently needed. The number of rooms bears no relation to the root cause, and should not be limited, provided that basic safety requirements are followed.

3. Continue to consider long-term plans for student accommodation, provided that they don't include the massive expenditures favoured by this functionally challenged council.

Alan M. Slater, PEng.
Oshawa

labour so it only lasted a few weeks. The Labour Ready people are working poor who are willing to work, but are often disappointed and they really need a break. Other people who can work, but are mentally challenged and their earning capacity is minimal. I've learned to avoid sitting by their tables, as they can get very loud. Still others are mentally ill. They are not dangerous, but are easily confused and incapable of coping with life without some help. Others are alcoholics, who would not get any decent kind of food without the Vince. And lastly, there are people like me who are usually self-supporting, but need some assistance once in a while. And then there are the cheats! These are people who I know have good jobs - I see them around town in business attire - but they dress down after work and go to the Vince anyway. One man parks a big SUV around the corner before going in for his cheap meal.

My mortgage comes up for renewal in July 2010, and I will only owe some \$13,450, so my payments should be cut by several hundred dollars a month. That may put me beyond needing to go to the Vince anymore. But if I lose my house before then, not only would that be a personal tragedy, but I would become a public charge as well, having to apply for seniors' housing.

The Vince probably helps to reduce the demand on other, taxpayer-funded public services. To move the Vince away from the downtown area is not a bright idea.

So I suggest that it is imperative to alter the entrance location to the present kitchen in order to reduce complaints from local businesses, and otherwise to keep the Vince where it is.

Christopher
Oshawa Resident

The Oshawa Express

600 Thornton Rd. S.
Oshawa, ON L1J 6W7
news@oshawaexpress.ca
phone: (905) 571-7334
fax: (905) 571-0255
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Publisher
Greg McDowell
Advertising Director
Kim Boatman
Sports Editor
Wally Donaldson
sports@oshawaexpress.ca
Contributors
Bill Fox
Jennifer Weymark
Glen Goodhand
Reporters
Cynthia McQueen
cmcqueen@oshawaexpress.ca
Katie Strachan
kstrachan@oshawaexpress.ca

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*I'm a cynic,
I'm a
digital girl*

Nuts and Bolts



Editor's note: Jayne Miller is a new columnist for The Oshawa Express and will run weekly.

"Been around the world and found that only stupid people are breeding, the cretins cloning and feeding and I don't even own a tv."

These lyrics by Harvey Danger have never rung more true to my ears than they have in these fine times in which people take for granted an apt rhyme.

The world is now experiencing the side effects or bad hangover of hundreds of years of greed. The global food and credit crises are the symptoms of our new penchant for instant gratification.

We're overpopulated, undereducated, overfed and underfed, carbon copied by each other in all the worst ways, and, yet, despite these very loud resounding wake up bells, people seem to be hitting the snooze button.

Canada just experienced the lowest voter turnout since Confederation. Since we formed a country! Before that, we didn't vote in this country.

We have failed. Our relationships with each other have suffered from a lack of commitment to the extent that we've given up on our country.

Somehow, we've lost the courage of our convictions and the wherewithal to stay true to our values.

The hippies of the sixties took Timothy Leary a little too literally when he said, "Turn on, tune in and drop out."

The merry prankster himself never would have imagined finding hippies cum yuppies vegetating in front of their televisions having become part of the very machines they once raged against.

Not to mention the generations that have come since. We have become more apathetic and lazy with each successive generation.

We, the generations that followed, are now the products of a world that caters to instant gratification.

What character building virtue does one receive from a digital world?

A world in which your camera produces a picture instantly, in which you can chose your reality with Personal Video Recorder (PVR) television, in which video games now can be played "live" and claim to offer fitness?

When everything is at your fingertips and there's never a moment deferred for a future date, how can our society invest time now in being better informed to make a choice like voting later.

Politics - it's all too real, isn't it?

At least, in most PVRs, mp3 players, and P2P (peer to peer) downloading programs, I'm sure instant replays of CSPAN aren't waiting to be played.

The best one can hope to find is an inspiring youtube video of a rock star, movie star or some other 'political pundit' making a plea with the 'tuned out' generation to donate, care or take part in some way.

While Bono does have a lot of people listening to his music and paying attention when his name's in the news and Jessica Alba may have inspired some people in the States to vote by mocking non-voters while modelling a Hannibal Lecter voting mask, my attentions are with those who actually affect change.

What's sad is that people have lost so much of those virtues, hope, faith, and trust that they would rather watch and vote for So You Think You Can Dance? than so you want to rule my country.

What police are asking for

From MORE Page 1

we're that short staffed and that stressed."

While Cavanaugh called the situation critical, Roger Anderson, Bargaining Chair for the Police Board Committee says the DRPA never mentioned a staffing crisis in all the days of bargaining. "The only thing they've asked for is more relief - which means less hours of work for some officers."

Cavanaugh says he and chief Ewles are on the same page when it comes to the 20-20-20 plan, which would hire 20 officers each year for the next three years, covering the term of the collective agreement. Cavanaugh says, "The chief presented to the services board he needs 19 more officers for next year."

Speaking to funding and the current economic situation, Anderson also said he hopes people realize it's not the same as it was in the past, "There just isn't as much money." Anderson also commented, "The police already represent 25 per cent of the regional

budget. So there's only so much money."

With a view to a wage increase, the DRPSB bargaining team has outlined economic challenges in current and future municipal budgets and asked the DRPA to show some flexibility in the "coming difficult years."

According to DRPA President Doug Cavanaugh, the wage issue is a matter of respect. "I don't think there's any need for the men and the women that I work with to be the lowest paid in the province. And we just ask that we be paid the same as our comparatives in Peel, Halton and York regions."

In response, Anderson says, "We just hope that couple of hundred dollars difference between them and the higher paid police

services shouldn't be problem."

Whatever the problems are, negotiations concluded after two days of meetings, the DRPSB may be willing to continue talking, but the DRPA has filed for conciliation.

From here, Anderson offers, "Well the police service is just hoping that we can come to an agreement that's fair and equitable to all service whether civilian or police." The chair of the bargaining team said while there's no talks scheduled, he would talk with Cavanaugh "if he'd like to call me."

Although Cavanaugh didn't have any plans to call Anderson after filing for conciliation, he did say, "I'm a firm believer that I think it's better a negotiated deal than an arbitrated deal and I think the other side feels that way too. Maybe we can get something hammered out before then, maybe we need conciliation, maybe we just need some assistance from an outside conciliator or mediator."



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Grandview centre earns a hearty donation

By Katie Strachan
The Oshawa Express

Generosity was in the air this weekend as the RBC Foundation donated a whopping \$45,000 to the Grandview Children's Centre.

The money will go towards the launch of the Centre's new "parents helping parents" program.

The program will provide additional information and resources to help children with disabilities and their families live life to the fullest.

Parents can meet with family facilitators, who will have first-hand experience in raising a child with special needs and who will assist the families in a sensitive and supportive manner.

Since 1999, the RBC Foundation has

donated \$90,000 to support Grandview's special programs and projects.

"RBC has been wonderful by donating over \$90,000 to Grandview," says Pam McColl, Grandview Children's Foundation Director.

The day was also extra special for RBC as they opened their newest branch in the Laval Road and Stephenson Road area.

Mayor John Gray was on hand to cut the celebratory ribbon out front of the newest bank branch.

Some players from the Oshawa Generals were also on hand for a shoot out that kept people cheering all day.

The Grandview Children's Centre helps more than 4,300 children and youth with special needs and their families in the Durham Region each and every year.



Photo by Katie Strachan/The Oshawa Express

Jean Garaway, RBC Branch manager, Travis Capes, Donny Tommy, and Pam McColl stand with the \$45,000 cheque RBC presented to the Grandview Children's Centre on Saturday.

Volunteers needed for agency

Looking for a chance to give back? Volunteer.

Anyone who shares a commitment to volunteerism is welcome to join Durham Region Association for Volunteer Administration (DRAVA) at its general meeting on Thurs. Nov. 13. There will be an opportunity for networking from 8:45 a.m. up to the beginning of the business portion of the meeting at 9:15 a.m.

The meeting includes a presentation on the topic of volunteer management.

DRAVA is a professional networking body that supports members, provides education, identifies and responds to current trends in the volunteer administration sector.

Currently, 51 local agencies are members of DRAVA.

The meeting will be held at the Village of Taunton Mills, 3800 Brock St. N. in Whitby.

For more information on becoming a member of DRAVA, contact the Membership Chair, Kirstine Farmer at 905-434-1691 or visit the website at www.drava.org.

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A night in the cemetery with the Paranormal Seekers and spirits

By Katie Strachan
The Oshawa Express

Standing in Union Cemetery, as the wind blows, a young girl about 12 years old wearing an old dress stands across from us.

Although we're all looking in the same direction, the only person that can see her is Amanda.

"Her hair is brown. Her name is Elizabeth," says Amanda, a medium with the group the Paranormal Seekers.

This doesn't frighten her. In fact, she's pretty used to it, although it wasn't always this way.

"I was in the psychic closet," she laughs. "It's always like they just jump out and it drives me crazy," speaking of the ghosts she sees and hears.

The Paranormal Seekers are a local group ded-

thing but ordinary.

"It's like watching a movie in your head," says Amanda. "It's like a big puzzle that you have to put together," adds Jay, also a sensitive.

The group has pieced together some of those puzzles from investigations at local places like the Canadian Automotive Museum, ghost road in Scugog and the infamous Ghost Road Bush here in Oshawa.

"We don't go there in the dark. We wouldn't ever go through there in the dark," says Rachel.

"It's a major hotspot. There are all kinds of pools of water," explains Jay. "It used to be a big spot for parties. There were lots of things that happened there."

A sign posted by the Minacs building calls the area Ghost Road Bush.

Although many might not care for such a job, the team enjoys every minute.

"Most of the ghosts or spirits are not mean," adds Rachel. "Chances are they do not want to hurt you."

According to the group, there is a distinction between a ghost and a spirit. Ghosts have died but refuse to believe that they are dead and spirits have passed on but come back to visit.

The team gets numerous calls begging them to come and investigate resident's homes, but this is something the group doesn't engage in.

"We don't do house calls usually. People call saying they hear footsteps in their houses, chances are they are just old homes where the floor boards and rising back into place," explains Jay.

People often want to know specific details about the paranormal beings in their homes and how to get rid of them.

"It just doesn't work that way," says Rachel clarifying that the Paranormal Seekers are not the Ghostbusters.

Although the mood was eerie as we walked up and down the rows of graves, the Paranormal Seekers felt no fear.

"Cemeteries are actually not known to be that haunted," says Amanda. "Ghosts and spirits don't usually come back and hang out at their grave."

That said, walking amongst the tombstones on a chilly October night makes you appreciate what Amanda feels. "The walls between our world and theirs are thinner at this time of year."

The Paranormal Seekers investigate in Durham Region, London, Lindsay and Burleigh Falls.

For more information visit www.paranormalseekers.com.



Photo By Cynthia McQueen/The Oshawa Express

The Paranormal Seekers investigate the McLaughlin gravesite. Amanda, a medium with the group says this time of year is particularly active, "Because the walls between our worlds are thinner."

icated to understanding mysterious places, events and happenings around us.

"I don't like the word psychic. I am a medium," she adds.

Group members Rachel and Jay formed the Seekers in 2004. Today, there are nine members.

Rachel, the founder, Jay, sensitive and technician, Amanda, a medium, Ron, a trained psychic, Paula, a parabolic which is a sound psychic, Jeff, the camera guy, Crystal, a psychic medium, Dan, the technician guy and Donny, the "brave guy."

"We formed the group so that we could bring out the history of Durham Region," says Rachel.

And that is just what they've done. The group's first investigation was into Parkwood estates right here in Oshawa.

Over the last four years of investigations, they have documented paranormal sounds and images of orbs, which are white balls of light that are typically interpreted as spirits or ghosts.

A day in the life of a paranormal expert is any-

"One time we went there when it was dawn, there were spots where you would walk and it would be really warm and it was in January," exclaims Amanda. "There were clouds of white moths."

Ron, a psychic with the group refuses to go near Ghost Road Bush.

Searching for the unusual is an intense job, which takes a lot of hard work.

The group use walkie-talkies to keep in touch while conducting investigations.

They also have guidelines for what the members can and can't wear while investigating.

"You can't wear reflective jewelry or anything shiny because it can reflect light which can be confused as orbs," adds Jay.

To be sure they've captured a paranormal image, two pictures are taken, one right after another, because spirits are always moving so if it's in one picture and not another, it's most likely something from the dead, says Donny.

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Effective June 1, 2009, Ontario adoption records will be opened. This means adopted adults and birth parents will be given access to identifying information from birth records and adoption orders.

If the adoption order was made before September 1, 2008, adopted adults and birth parents can file a disclosure veto to prevent the release of the information.

If you want your identifying information to be kept private, **you should file a disclosure veto before June 1, 2009.**

No contact notices are also available.

To learn more about your rights to information and privacy regarding adoption, **visit www.ontario.ca/adoptioninfo or call 1-800-461-2156 (TTY 416-325-3408).**

Paid for by the Government of Ontario.



Local band makes it to the big times



Submitted Photo/ Ryan Fujiki

The band, One Second 2 Late recently got word they would be touring with Canadian band Hedley in their upcoming tour. OS2L will be playing on Oct. 30 at Le Skatch.

By Katie Strachan
The Oshawa Express

A local band from Newcastle has made it to the big times.

One Second 2 Late has had great success with the release of its new CD and opening for bands like Hedley, and the band is making a stop in Oshawa.

One Second 2 late was formed in 2002 when high school students Brian Pisani, Derrick Knox and Rob Henderson started "jamming together

The band then united with members Adam Wishak and Steve Leca in 2006, which formed the band fans love now.

They hit big when multi-platinum selling rock producer Greig Nori took notice of them and started working with them in the fall of 2006. In 2007, he enlisted the help of Ian D'Sa and together they produced One Second 2 Late's debut, World Time Bomb.

The band doesn't like to place one single genre to their music; they

prefer to play what's on their mind.

"We don't really pigeon hole ourselves into a sound, there's a lot of different parts of our music personality going on throughout the songs," says band mate Henderson, "What you get on this time around is what we're feeling right now. It might be a completely different stream of consciousness on the next one. I think that's what our fans like about us."

The chart climber's name was thought up by a close friend and has remained that way since their earlier years. "It was catchy and it stuck," says Henderson.

The small town band has had its share of big time moments throughout the last two years.

"The most memorable event for One Second 2 Late so far, would be the recording of our first album World Time Bomb. Every night we would go out to the rooftop of the Sony Studios and reflect on what we had done that day, what had to be done the next day, and what we were accomplishing already in our early careers. It was a very surreal experience, and one we won't forget," says Henderson, "We plan for a long and successful career."

"I feel like we really got to express ourselves with World Time Bomb," adds Pisani. "We really got to spread our wings and put some different vibes out there. We pay respect to our influences, everyone from Pink Floyd and Led Zeppelin to Green Day and System Of A Down."

The continued success the band has already endured has left them wanting more. They plan to tour the world and record as many albums as possible.

"We are most proud of our deter-

mination and self-perseverance to make it to where we are today. This was always what we wanted to do and we have never let anything stop us," adds Henderson.

Although music is their passion, the band enjoys "just being regular guys."

"When we aren't working on our music there are lots of other things that we enjoy. All of us enjoy coming home off the road and just spending time with our friends and families," says Henderson, "When it comes to other hobbies we are into your typical Canadian pass-times,

including fishing, hockey, snowboarding, golfing, drinking beers, and herbing."

The band writes all of their songs and has made an oath to do so for the rest of their career.

Catch One Second 2 Late at the Groove Lounge in Oshawa on Thurs. Oct. 30. They will also be making a stop at the LCBO at 400 Gibb St. as part of their "Whisky Legends" tour, a four week promotion showcasing whiskies from around the world with special emphasis on Canadian whisky.

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Law Society accredits Durham College

The oldest and largest of all the country's law organizations has recognized Durham College's Tribunal Agents and Paralegals.

Durham College is just the sixth college in Canada to receive accreditation from the Law Society of Upper Canada (LSUC).

Graduates from the Tribunal Agent and Paralegal program, the only one of its kind in Ontario, will have more opportunities with the LSUC. This prestigious accreditation gives graduates the opportunity to take an exam in order to become a licensed paralegal with the society.

"With this accreditation, Durham College offers students a competitive advantage in studying towards entering this profession," says Stephanie Ball, Dean of the School of Justice & Emergency Services.

"The LSUC advertises only

accredited programs on its website, so potential students looking to obtain information understand the importance of this designation and can choose accordingly. This is a strong endorsement of our programs and supports the professionalization of the paralegal field."

In order to receive accreditation, the college had to submit resumes from each member of the programs' teaching faculty.

The application was delivered in June and accreditation was received in July, confirming that graduates of the programs will have met the competencies required by the society.

The programs were also required to include, at a minimum, certain fundamental courses that cover the essential elements of procedural and substantive practice as well as ethical and responsible practice.

As a result of this designation, these programs will be subject to audits by the LSUC every five years, beginning within the first three years of accreditation.

Individuals who already hold a related law degree, diploma or three to five years of related work experience are able to enter the program and complete the paralegal licensing exam following graduation.

The Court and Tribunal Agent/Paralegal two-year diploma program and the graduate certificate program are designed to provide students with the specialized knowledge and skills required to work as paralegals, also known as court and tribunal agents.

Oshawa facing some changes

Parts of Champlain Avenue in Oshawa could cease to exist.

The city council is intending to pass a bylaw to change the name of part of Champlain Avenue to Laval Court.

The name change is required as a result of the construction of the new Stevenson Road interchange. This created two sections of Champlain Avenue, which are no longer connected; one section west of Stevenson Road South, the other section east of Stevenson Road South.

Access to the section of Champlain Avenue east of the new interchange is now only accessible via Laval Street.

The street name will eliminate confusion for

emergency services and the public.

The road runs parallel to Hwy. 401 on the north side, just east of Thornton Road South.

The proposed bylaw meeting is expected to take place on Nov. 24 in the temporary council chambers, the Arts Resource Centre, which is located directly behind City Hall.

Individuals wishing to address council members regarding this matter must do so by submitting their requests in writing to the City Clerk or by e-mail to clerks@oshawa.ca, no later than Nov. 20 at 1 p.m.

Any person who claims he/she will be adversely affected by this road name change will be able to speak at the meeting provided they apply to do so.

The Oshawa Express

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Recognizing the men and women in blue

By Cynthia McQueen
The Oshawa Express

The bagpipes sounded loud and proud, the lights they were a flashing and the police they were appreciated.

The men and women of the Durham Regional Police Service (DRPS) were out in fine form and in uniform for the sixth annual Police Appreciation Dinner and Awards Night (PADAN) this past Thursday at Deer Creek Golf & Banquet Facility.

Even the newest and youngest member of the police service was out to support his fellow officers. Nicolas McLaughlin, winner of the Police Chief for a day contest, donned full uni-

form for the event.

When asked if he wanted to be a police officer one day, McLaughlin said, "If I was asked to be chief, I'd totally accept the job."

One major perk of the job for McLaughlin would be getting the chance to fly in the Air 1 helicopter again, "It was awesome!"

The Air 1 Bell Helicopter Jet Ranger III is the first police helicopter in Ontario.

"We're the first ones to have it here in Ontario," says Constable Leigh Schutt, tactical flight officer with the Air 1 program with DRPS.

Constable Schutt says the helicopter is the police services' eyes in the sky and flies five to seven days of the week, 52 weeks of the year.

Schutt took such pride in his aircraft that when an enthusiastic onlooker felt the back propeller, Schutt firmly asked the man not to touch the helicopter.

The Air 1 was not the only piece of police equipment on display for the awards night, the Light Armoured Vehicle, or LAV as it's commonly known, was out with lights flashing.

While the LAV has never been deployed, with six gun ports and the option to put an officer on the roof with an assault rifle, it looks more like the kind of vehicle you would find in Kandahar than one you would find in Durham.

However, the LAV is primarily used at the nuclear sites at Darlington and Pickering.

While you might automatically think this kind of vehicle would only be necessary in the event of a terrorist-like threat, Officer Allan Campbell who works with the tactical support team that uses the vehicle said, "We use it to be prepared against any kind of basic threat."

Yet another piece of equipment on display, thankfully used rarely, was the Anti-Riot Weapon Enfield Nottingham (ARWEN) or the rubber bullet gun.



Photos By Cynthia McQueen/The Oshawa Express

Mike Ewles may not be able to hang onto his position as police chief with competition like Nicolas McLaughlin, Chief for a day contest winner out there. McLaughlin said, "If I was asked to be chief, I'd totally accept the job."

Officer Jamie Elliott says, "We take it out on all the operations we do. We've used it once since I've been on the team and the outcome was very good. He was hurt, but that's what it's designed to do - it's an extended range weapon. So basically, it's the same as striking somebody with one of our batons, but we can just do it from further away."

In his four years with the tactical support unit, Elliott has only seen the weapon used once.

For their bravery, for their successes, for their ability to use tact instead of weaponry, many officers from the DRPS were awarded for honour, bravery and achievement at the event.

Detective Sergeant, Mario Lessard was one of those officers recognized for his achievements with a drug-related program completed in northern Durham in 2007 called project LYNX.

Of the awards being given out for the evening, Lessard commented, "I think it's a great opportunity to see the great work that our unit is capable of doing."

With a view to the everyday achievements, bravery and honour of the police force, Chief of Police, Mike Ewles said, "We've got so many instances to draw from over the course of the year."

"Our folks are so engaged in our community day in and day out whether its on the job or whether it's as volunteers in the community trying to run programs for youth, trying to coach and mentor the kids and do programs out in the community, work with our elders. Tonight's all about celebrating that work that they do."

The evening is also organized as a fundraiser to help support those projects and over the last six years of the event, community members have raised more than \$400,000.

Dave Selby, communications officer with DRPS says, "We're deeply hon-



Officers, from left, Jeff Bastien, Mike DeLisle, Al Ouellette, welcome fellow officers to the awards ceremony.

oured that the community thinks enough of us and respects our front line officers enough that they actually run this event for us."

President of the Durham Regional Police Association, Doug Cavanaugh was full of praise for the community saying, "This particular evening is really special because it's put on by the community, by the local business people who recognize the service that the men and women of the Durham Regional Police Service provide. And it's just a fabulous evening and I can't say enough about it. It's recognition for the work that the police officers and civilians do."

The night was focused on the positives in the police service and despite recently entering conciliatory talks over a new contract, Cavanaugh said, "All those other issues are not an event tonight. This is about the men and women that work for the Durham Regional Police that I work with and that I represent."



Elizabeth Siciliano with her husband, John Siciliano pictured here aiming the Anti-Riot Weapon Enfield Nottingham (ARWEN) or the rubber bullet gun at the sixth annual Police Appreciation Dinner and Awards Night.



Air 1 is Ontario's first police helicopter and Constable Leigh Schutt, tactical flight officer with the Air 1 program at the Durham Regional Police Services says the Bell Helicopter Jet Ranger III flies five to seven days of the week 52 weeks of the year.

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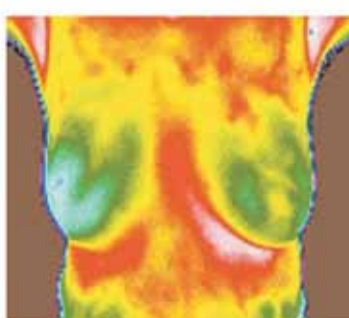
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OSHAWA

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OCTOBER 2008

Community Connection

Celebrating 10 years as a family

Better Together: Lakeridge Launches Leading Edge Prevention Program

The Regional Nephrology Program (RNS) is once again at the forefront of patient care with the launch of the Renal Chronic Disease Prevention and Management Program. Thanks to the partnership of Baxter Corporation (Canada) and the CE LHIN, this new and exciting step forward will allow Lakeridge Health to shift care for patients with chronic kidney disease from an illness to a wellness orientation.

"Lakeridge Health is helping to keep more Ontarians healthy through the prevention and management of renal chronic disease," said David Caplan, Minister of Health and Long-Term Care.

RNS Director Helen Brenner says the new program will improve "patients'



▲ Left to right, Bev Bazak, Barb Bunker, Emily Harrison, Ethel Doyle, Roger Wharmby and Linda Kloosterman

quality of life and slow the progression of patients' chronic kidney disease that may prevent their need to ever start dialysis."

Lakeridge Health currently has about 1,000 chronic kidney disease patients but by 2011/12, this number is expected to rise to 1,500 patients.

ER Nurses Go To The Mall

As part of Emergency Nurses Day activities, on Oct. 8 a group of Lakeridge Health Emergency nurses from across our three sites promoted wellness, injury prevention and emergency nursing at the Oshawa Centre.

"By educating the public, we are hoping to empower them to make informed decisions on their care," said Helen Kelly, the Emergency Program's Clinical Nurse Specialist.

More than 77,000 people receive treatment at LH Oshawa's Emergency each year. (Annually, Lakeridge Health treats more than 125,000 across our three sites.)

Many people wanted to know when it was appropriate to come to an Emergency Department. Come if you or a family member:

- suffer from chest pain or tightness in the chest
- suffer from shortness of breath or choking
- have a broken bone or a wound that may need stitches
- suffer from sudden, severe



▲ RN Tracey Johnston takes the pulse of Janice Slocombe

headaches, vision problems, sudden weakness,

- have numbness and/or tingling sensations, trouble speaking, dizziness

Come also if your child/infant:

- experiences diarrhea/vomiting AND dry mouth or is not urinating
- has a fever over 38.5C or 101F
- has a fever and it is difficult to wake her/him

Oshawa Foundation's Gala A Magical Event

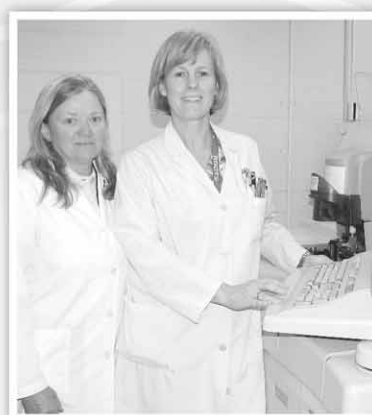
More than 500 guests attended The Oshawa Hospital Foundation's recent 10th Annual Fall Gala, The Magic of Miracles, at the Ajax Convention Centre.

"This year's Gala proved to be our most successful to date," said Jim Szeman Foundation Chief Executive Officer.

"Proceeds from this event are directed to the R.S. McLaughlin Durham Region Cancer Centre and the purchase of new MRI equipment at Lakeridge Health Oshawa."



▲ Marlene Jobb, Louise Clark, Barb Barrett and Gail Snyders.



▲ Lab Technologists Sue Leask (left) and Laurie Becker

Lakeridge Health Lab Commended

At a price of \$421.65 a gram, red blood cells are a hot commodity. Lakeridge Health's lab staff work diligently to monitor the hospital's blood inventory, ensuring that there is always enough blood available to treat patients for surgeries, emergencies and accidents, while ensuring there will not be a surplus that will expire.

Lakeridge Health is a member of the Ontario Regional Blood Coordinating Network (ORBCoN). This group, established by the Ministry of Health and Long Term Care, assists hospitals in implementing the provincial blood utilization strategy. Troy Thompson, Regional Blood Field Officer, has praised Lakeridge Health calling their efforts "phenomenal." He explains, "Lakeridge is to be commended on the progress that has been made to date. Lakeridge Health has the lowest outdate rate (of blood) of any of the regional programs."

"Our laboratory team plays a pivotal role in ensuring our patients receive excellent care at our sites," said Kevin Empey, Lakeridge Health President and CEO. "It is great to hear the first-class work that occurs in our labs is being recognized."

A Message from the Chair of the Board

The Board, staff and physicians of Lakeridge Health are truly grateful for the hard work, caring and commitment of our Foundations. The hospital relies upon these volunteer organizations to help purchase much needed equipment and to raise funds for capital development. The Foundations, in turn, rely upon very generous donors from the community, people from all income brackets who have one thing in common - the desire for quality healthcare close to home.

All of these individuals make our hospital a community hospital in its truest meaning. I am always amazed at the ability of Lakeridge Health's Foundations to raise much needed money for Lakeridge Health by holding special events which attract capacity crowds or through other unique initiatives which help to highlight the hospital and its needs.

Elsewhere on this page, you will see a story on Oshawa Hospital Foundation's 10th Annual Fall Gala. This successful event raises both money and friends for the hospital. People enjoy the meal and music all the more knowing that they are helping the hospital.

Lakeridge Health's Board is proud to work with our Foundations in their efforts to make our hospital network a better place for care and a better place for staff, physicians and volunteers to work. Together, we are **Better Together**.



▲ Doug Allingham

Here's To Our Great Volunteers...

Thank you so much for giving your time and talents to our hospital.

To find out about volunteer opportunities or about the **The Auxiliary of Lakeridge Health Oshawa**, please call Helena Finn-Vickers at 905-576-8711, ext. 3680.

The volunteer-run gift shop features a wide variety of items that are sure to please. Hours are weekdays 10:30 a.m. to 7:30 p.m. and weekends 12:30 p.m. to 7:30 p.m. All proceeds help purchase much needed hospital equipment.

... And Foundation

We appreciate everything you do to benefit our hospital.

The Oshawa Hospital Foundation is grateful to the community for its support of the Keeping the Pace **A Picture of Health** Campaign to purchase a new MRI (Magnetic Resonance Imaging) machine for the hospital. To donate to the Foundation, please call the office at 905-433-4339 or visit www.theohf.com.

Community Open House
at The R.S. McLaughlin
Durham Regional Cancer Centre
Wednesday, Nov. 5
From 6:30 to 8:30 p.m.

At Lakeridge Health Oshawa
Cancer Centre Entrance is off Parkwood Court

Visit our website at www.lakeridgehealth.on.ca

Oshawa Living

Express echo baby

To have your baby included in The Oshawa Express Echo Baby, please send a photograph of your child (infant to 2 years) to:
The Oshawa Express, 600 Thornton Rd. S., Oshawa, Ontario, L1J 6W7.
Email: kstrachan@oshawaexpress.ca
This is a free service. Photos will be available for pick up at this location.



Christopher will be turning the big O-N-E very soon! He loves smiling for the camera.

The Oshawa Express would like to remind its readers to still send Express Perfect Pet pictures in to run bi-weekly in the Echo Baby feature.

The Stars Say...



ARIES March 20 to April 19

Discussions center around finances and property. Deal with tax or insurance matters or reduce bills by taking out a consolidation loan. Make an appointment with a lawyer and have a will drawn up.



TAURUS April 19 to May 20

Communicate with co-workers and do what you can to develop better relationships at work, but do not take on more than you can handle. After Nov. 2, a new career goal could come into focus.



GEMINI May 20 to June 21

You have plenty of energy, so why not invest in a new health and exercise program. Play games or participate in sports, do things you find enjoyable. Early November, put your life in order.



CANCER June 21 to July 22

Spend time updating family albums, go shopping for household antiques or catch up on household chores.

Pursue the object of your affection, since romance is "in the stars". Find an outlet for your creativity.



LEO July 22 to August 22

You may be going back and forth from wanting to be in a committed relationship to desiring more personal freedom. Gather information, send e-mails or start on the book you are hoping to write.



VIRGO August 22 to Sept 22

Financial and business planning is favoured this week. Double check details and guard against making hasty decisions. Thanks to your thrifty ways, your money situation is improving.



LIBRA Sept 22 to Oct 23

Start a new project or come up with new ways of earning more money. Since you have a strong desire to improve your financial circumstances, why not open another savings account?



SCORPIO Oct 23 to Nov 22

More competitive, you would enjoy working independently, but must be patient with other people. November is your month to shine. Be open to a new money-making opportunity. Go for a makeover.



SAGITTARIUS Nov 22 to Dec 21

Working behind the scenes, your supervisors may not be aware of your efforts. Since the focus is on helping others, you might enjoy volunteering for a charitable cause. Spend quiet evenings with your family.



CAPRICORN Dec 21 to Jan 19

Open to new ideas, you are in a great position to lead or facilitate a group. Discuss ways to move ahead on the job with your boss and work extra hard to achieve your goals. You can get a great deal accomplished.



AQUARIUS Jan 19 to Feb 19

You would prefer to be own boss or at least to work independently. Start a new project to advance your career. Invite friends over for a casual evening. Take a trip on the weekend.



PISCES Feb 19 to March 20

Assertive and energetic, it is much easier to promote your own ideas. Legal matters are favoured. If you work in an educational field, you will be busier than usual. Investigate estate and tax planning. Take a class just for fun.

The Stars Say is provided by Joan Ann of Oshawa. For personal readings, call 905-725-9179 or visit her website at www.astroconsultation.com

KATHLEEN SAXE

WORD GAME

TODAY'S WORD — TEQUILA

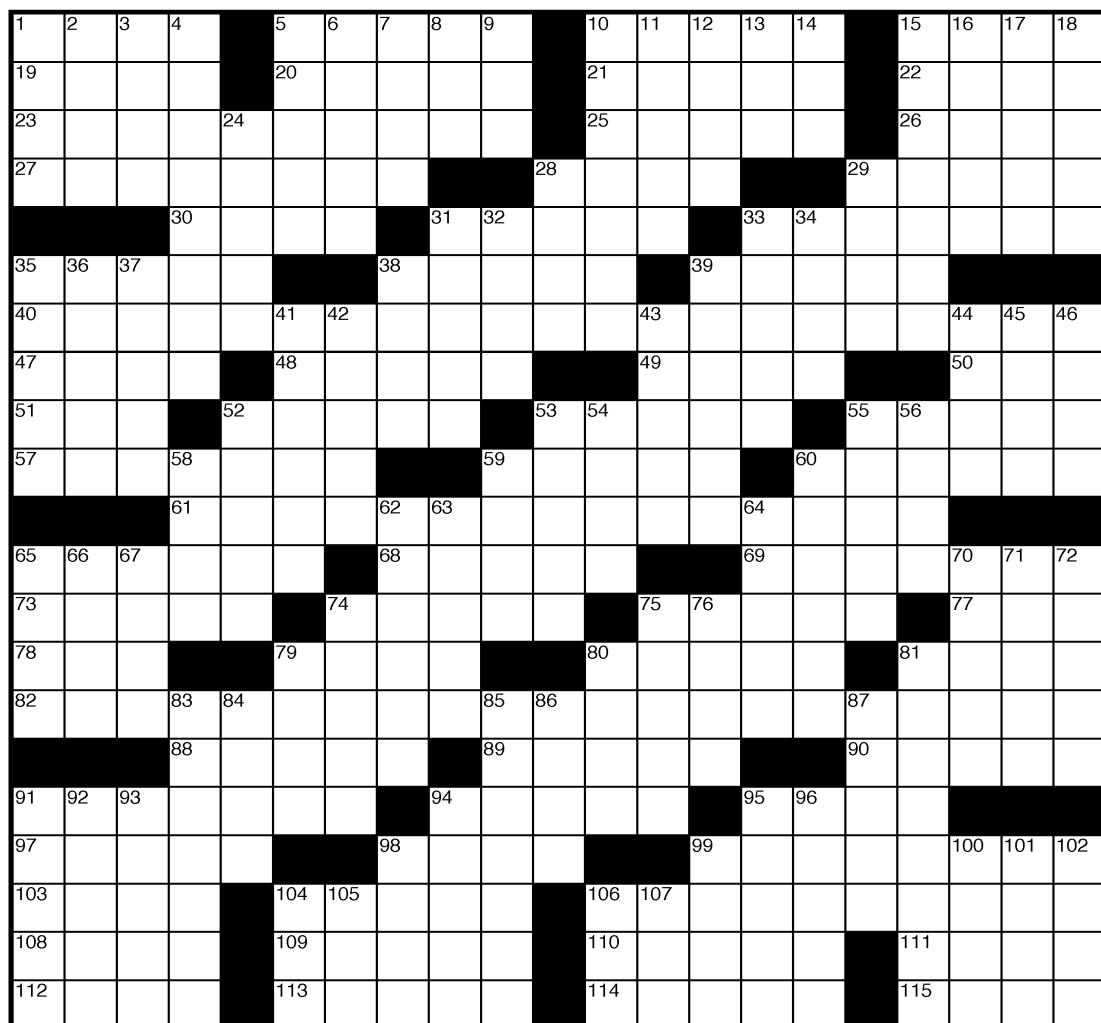
(TEQUILA: tuh-KEE-luh: A strong Mexican liquor.)

Average mark 12 words
Time limit 25 minutes

Can you find 18 or more words in TEQUILA?

The Oshawa Express would like to apologize for the mix-up with the Oct. 22 word game. We will publish the answers to this week's word game next week.

THEME CROSSWORD



STUDIED IGNORANCE

ACROSS

1. Hyalite
5. So long, senorial!
10. Got along
15. Commotion
19. Very restrained
20. Moonlike
21. Full of busy activity
22. Silvery fabric
23. Start of a quip by Robert Benchley: 3 wds.

DOWN

14. Part of Scand.
15. Language related to Dutch
16. Garment part
17. Soap plant
18. Sauce of ground basil
24. Rope
28. Fingerboard bar
29. Opening
31. Office worker
32. Magnum —
33. Biological category
34. OT book
35. Diamond-shaped fish
36. Ink

25. "Peer Gynt" playwright
26. Epic
27. Reasonably
28. Exhaust pipe
29. Oily fish
30. Rostrum
31. Public meeting
33. Early astronomer of note
35. Clog
38. Pay the —
39. Commoners of old Greece
40. Part 2 of quip: 3 wds.
47. Shortly

48. Libertines
49. — probandi
50. Forefront
51. Weight unit
52. Fermented juice drink
53. Tapestry
55. Pack animal
57. Device used by ophthalmologists
59. Starts
60. More spiteful
61. Part 3 of quip: 4 wds.
65. Climbing palm
68. Expressed

69. Flavoring for liqueurs
73. Bay window
74. Rotating shafts
75. Dickens villain
77. Cravat
78. Calendar abbr.
79. Writer — Wiesel
80. Child or Roberts
81. Uncivil
82. Part 4 of quip: 4 wds.
88. Ape
89. Juniper bush
90. Declares
91. — Clay (Muhammad Ali)

94. Yields by treaty
95. Asian garment
97. Chose
98. Fundraising event
99. Where to play board games
103. Cliff
104. Animal life
106. End of the quip: 2 wds.
108. Chaplin's wife
109. Acrylic fiber
110. Worthless talk
111. Jazz great
112. Rooney or Warhol

113. Two-footed
114. Goldbrick
115. Campus VIP

DOWN

1. Lex Luthor's henchman
2. — the way
3. You said it!
4. Disappoints: 2 wds.
5. Accused's defense
6. Some fights
7. — Racing League
8. Cereal plant
9. Marquee notice
10. Collapse
11. Scrapbooking book
12. Hilltop
13. Name

14. Part of Scand.
15. Language related to Dutch
16. Garment part
17. Soap plant
18. Sauce of ground basil
24. Rope
28. Fingerboard bar
29. Opening
31. Office worker
32. Magnum —
33. Biological category
34. OT book
35. Diamond-shaped fish
36. Ink

37. American folk hero
38. Prod
39. Hereditary ruler
41. Ancient Celt
42. Hindu holy man
43. "— Doone"
44. Name among the tsars
45. Specify
46. Growl
52. Secret plot
53. — ski
54. Woodwind instrument
55. Bolshevik leader
56. Places
58. Lessen the force of

59. Hideous giant
60. Bedlamite
62. Not easily borne
63. Felt poorly
64. Legerdemain
65. Cheer
66. Principal
67. Tree also called leatherwood
70. Musical work
71. Duck
72. Exploits
74. Rickman and Jackson
75. Melts
76. Astringent substance
79. Birthright seller
80. Jump in ballet

81. Critiqued
83. Bunch of flowers
84. Framework
85. EU member
86. Hindu text
87. Betimes
91. Kind of bean or butter
92. Item for a cook
93. Trivet
94. Pirogue
95. Police rank, familiarly
96. More skilled
98. Swallow
99. Money drawer
100. Start for graph or gram
101. — podrida

102. Blueprint
104. Watch pocket
105. — Ben Canaan
106. DC abbr.
107. Succor

PRIZE: Bring in your completed and correct Express Crossword puzzle before the answers run in the following Wednesday edition and you will receive an Express T-shirt. Limit is one t-shirt per person for the year.

61
V

62
E

63
E

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Oshawa Living



Wed. Oct. 29

Harmony United Church, 15 Harmony Rd. North in Oshawa, is holding a Rummage Sale of used clothing and accessories in the Church Hall, 10 a.m. to noon. All are welcome.

Thurs. Oct. 30

Attention all treasure hunters and bargain shoppers! The OSCC is hosting its annual jewellery sale at the John Street Branch, 43 John St. West, Oshawa from 9:00 a.m. until 1:00 p.m. Proceeds from the sale will go towards supporting the Centres. For more info, call Leisa Davie at 905-576-6712 ext. 5841.

Fri. Oct. 31

First Baptist Church Women's Association Craft and Bake Sale. Homemade craft and home baked goods will be available from 9 a.m. to 1 p.m. at First Baptist Church, 812 Hortop Street. Wheelchair accessible. For more info call Alice Gould at 905-723-1774.

Sat. Nov. 1

Toronto organ improviser William O'Meara will play the great 3200 pipe Casavant organ along side the classic silent film Phantom of the Opera. Join us at Simcoe Street United Church, 66 Simcoe S. at 7:30 p.m. Tickets are \$10 (\$25 family). Call 905-728-8143 for more information.

Oct. 22 Crossword answers

B	A	N	E	M	A	D	A	S	A	B	E	A	C	H	R	E	D
O	L	E	G	E	D	I	S	O	N	A	L	L	O	Y	O	P	E
A	T	W	O	Y	E	A	R	O	L	D	I	S	K	I	N	D	A
S	A	T	I	E	T	Y	F	E	R	R	I	S	T	R	A	N	C
J	E	S	T	S	E	D	N	A	S	P	A	S	S	P	O	R	T
A	L	A	I	E	N	N	U	I	S	E	T	S	W	E	E		
C	O	N	C	A	V	E	O	F	L	I	K	E	H	A	V	I	N
O	P	T	D	O	I	T	Y	O	D	E	L	S	A	R	E	A	S
B	E	A	C	R	E	S	S	E	B	R	A	I	D				
B	A	C	O	N	S	T	O	P	E	L	I	S	A	S	H	E	
A	L	L	I	E	D	E	C	A	L	S	E	A	S	T	M	O	D
B	L	E	N	D	E	R	B	U	T	Y	O	U	T	E	E	M	I
K	E	A	S	A	U	L	A	R	I	A	S	A	L	E	E		
A	N	T	I	A	C	I	D	A	S	P	I	C	S	E	E	D	S
C	L	A	M	O	R	E	S	T	O	P	S	H	A	L	T	E	R
O	A	R	D	O	N	T	H	A	V	E	A	T	O	P	F	O	R
L	I	T	A	L	A	T	E	R	N	A	N	I	S	A	G	A	
T	R	Y	L	E	V	E	R	S	A	D	D	E	R	O	S	A	R

Gardeners and volunteers get credit

By Katie Strachan
The Oshawa Express

Hundreds of people were recognized for their efforts in sharing the spirit of the gardening season at the 2008 Garden of the Week Awards and Recognition Oct. 16.

Rose Mary Mason, the Parks Community Programs Coordinator, welcomed the crowd for a night of celebration.

The program, Garden of the Week, ran for 14 weeks during the summer. At least seven homeowners were honoured each week for their efforts in keeping a beautiful garden.

Garden of the Week volunteers were also honoured for the hard work and dedication that they put into the program each year.

"With approximately 500 nominated properties and over 125 volunteers, this has become

a very popular city event," says Mason.

The Garden of the Week program is a promotional program designed to honour resi-

dents, businesses, including The Oshawa Express, organizations, industries, institutions and residential complexes in the City of Oshawa for their excellence in front lawn gardening initiatives.

For a period of 14 weeks, commencing in June and ending in September, one front garden was chosen as the winner from each of the seven wards in the city.

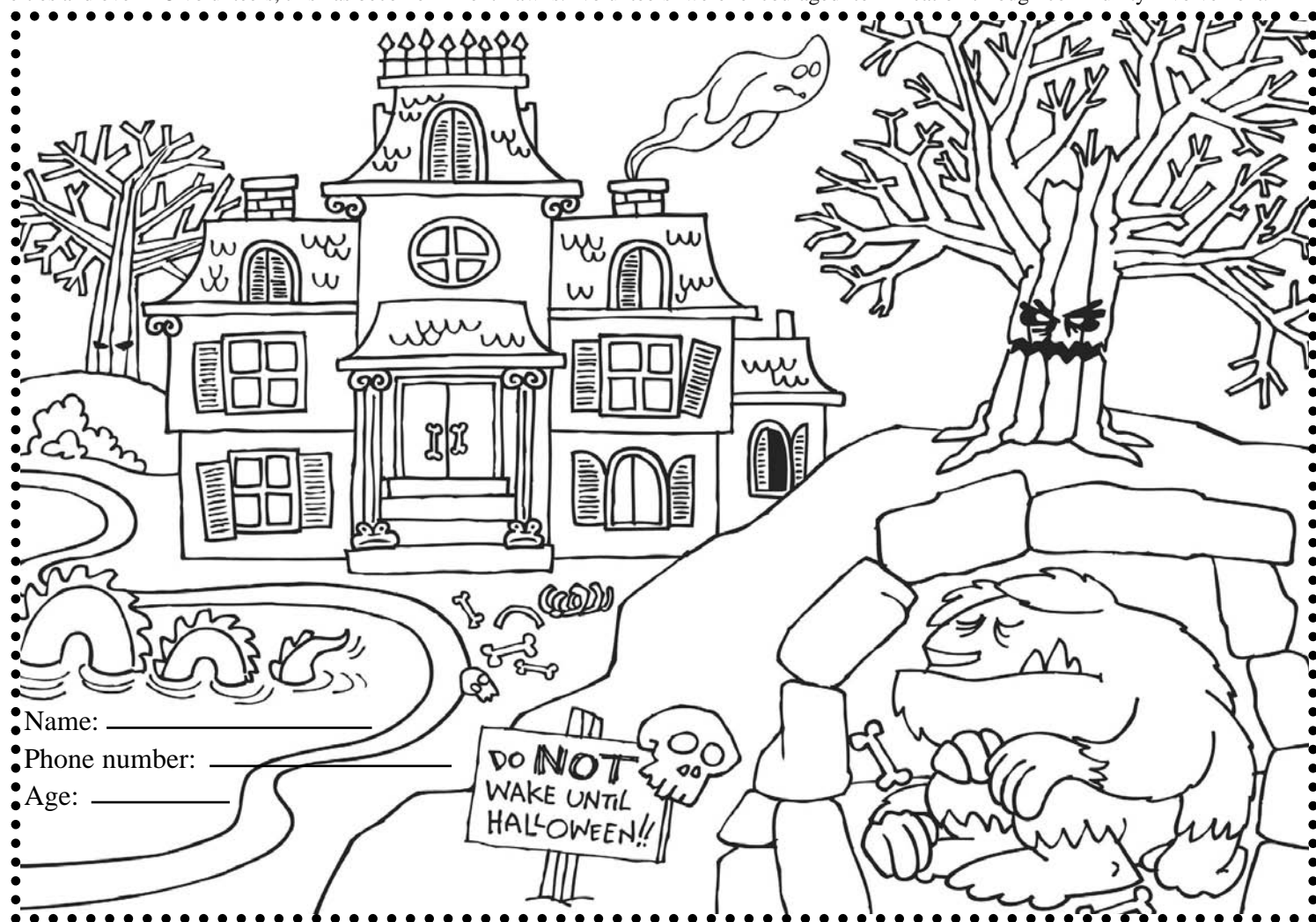
Volunteers were assigned to each of the seven wards on a weekly basis to "scout out" front lawns. Volunteers were encouraged to

explore gardens from a wide array of sectors in the community.

A sign was placed on the winner's lawn. A garden can only win once annually but can be entered in next year's competition.

"On behalf of Oshawa and the city councilors, I would like to say congratulations on your achievements," says councillor Tito-Dante Marimpietri, who spoke on behalf of Mayor John Gray at the ceremony.

The Garden of the Week program is a part of Communities in Bloom, which is a Canadian non-profit organization that is committed to fostering civic-pride, environmental responsibility and beautification through community involvement.



Colour this monster and haunted house and mail or drop off to The Oshawa Express at 600 Thornton Rd. S. All coloured pictures dropped off by Thursday October 30 at 3 p.m. will be entered in a draw for a special prize. Please include the child's name, age and a telephone number where we can reach the winner. Happy Halloween and Good luck!



Debra Hutchison

Kasia Bodurka

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Host of minor and major midget, bantam teams showcase skills

Kinsmen Cup grabs the eye of scouts

By Wally Donaldson
The Oshawa Express

It was, for the many in attendance, a grandiose opportunity to see and be seen at last weekend's Kinsmen Cup Minor Hockey Tournament. The fans were definitely not the only ones to be seen, especially with the three climactic finals at the Oshawa Legends Centre.

To see was to witness parents cheering on their young athletes as a total of 33 minor and midget, along with bantam AAA elite clubs competed for their respective division titles.

To see were more than 60 junior and college scouts hoping to find the proverbial diamond in the rough.

To be seen were a host of young, talented athletes hoping to grab the eye of scouts as they not only pushed the puck forward or made the big save for the benefit of their respective teams, but to also set the table for perhaps another on-ice interview in the not-too-distant future with thanks to any of these scouts.

"This area and Toronto are known for good competitive hockey and with so many scouts in the area, it gives these kids a good opportunity to showcase themselves," said Annette Heenan, tournament chairman of the Kinsmen Cup for the second successive year.

"We have a good brand name in the hockey community. We do get positive feedback, so teams do come into our tournament and see what goes on."

These visiting teams included the Calgary Blackhawks and Buffalo Regals in the minor midget circuit, complemented by Rochester

Alliance in the novice division.

How ironic that many of these Ontario teams take on the name of their older Ontario Hockey League (OHL) brothers like the Peterborough Petes, Kingston Frontenacs, Guelph Jr. Storm, Brampton Battalion, Ottawa 67s and the Kitchener Jr. Rangers.

Markham Waxers did score the major midget title with a 4-1 victory over the Petes.

Oshawa Kiwanis split four games, defeating the Guelph Jr. Storm 3-2 and the Central Ontario Wolves 9-2. They lost to the Hamilton Reps 3-1 and to the Waxers 3-1.

A pair of Rangers teams competed in the minor midget final. The Kitchener Juniors upended North York 4-1 for the trophy.

The Central Ontario Wolves emerged victorious in the bantam final, defeating the Kitchener Jr. Rangers 5-3.

Oshawa Carlo's Electric had their hands full in this one, losing to Kitchener 4-3, Rochester 8-2, Toronto Titans 5-3 and the Nickel City Sons out of Sudbury 6-1.

The existence of websites affords many organizations the opportunity to get their message across to others in similar communities. It's comparable to word-of-mouth when promoting tournaments of this magnitude.

"The internet is a wonderful thing," beams Heenan. "We get the word out and teams like Calgary and Buffalo respond. Also, the kids meet each other at tournaments and they chat on the Internet. Really, it's a small community of hockey people who keep in touch. That's what makes this so special."



Photo By Wally Donaldson/The Oshawa Express

Todd Doyle, President of the Kinsmen Cup of Oshawa (left) is joined by Max Taylor from the American Hockey League's (AHL) Toronto Marlies as they officially opened the Kinsmen Cup Minor Hockey Tournament. Oshawa Mayor John Gray helped drop the puck with Marlies' mascot Duke on the weekend. Buffalo Regals (8) Matthew Shumate (left) and Greg Hutton (2) of the Oshawa Kinsmen had great games after the opener.

Title fights heat up the scene for local boxers

Three for three for the Motor City boxers



Photo Supplied

Motor City's pro boxer "Lethal" Lindsay Garbatt will be sparring at the Ontario Championship to prepare for a Nov. 19 fight in Syracuse, NY.

By Don Nelson
Special to The Oshawa Express

Times are good at the Motor City Boxing Club, at least for three boxers who brought home three victories with some hard hitting this month.

Colin Fish fought the main event of the HUF show against the host club's boxer Jonathan Rego. Rego certainly made a fight of it and took four rounds of punishment from Fish to lose a unanimous decision to the Motor City Champion.

Fish won his right to a Title fight for the World Light heavy (178 lbs.) Championships in Mexico. He will return to Oshawa Nov. 2 with or without the Title, but a local champ for sure.

Frankie Rill and Cody Nixon may not be on their way to world

Title fights, but they did bring home victories when they took their opponents down at the HUF Victory Club show in Mississauga and at the Uptown Club show in Barrie, respectively.

Nixon went to Barrie planning to fight another Durham Boxer Mike Affine from the Ajax Boxing Club and knew his chance to fight in the 2009 Ontario Championships was on the line. Nixon gave it his all and after three hard fought rounds he won the bout and his goal fight for the Ontario Title was achieved.

Likewise, based on his bout with Affine, Boxing Ontario upgraded Nixon from Novice to Open Class.

Rill was up against a tough American from Michigan, Dan Kitch who weighed in at 247

lbs. Rill picked his opponent apart for 3 rounds coming close to dropping the American several times, but couldn't pull the trigger on the yank. Rill's next appearance will be in Oshawa at the Ontario Championships Oct. 30 - Nov. 2.

See CHAMPIONSHIP Page 16

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Brown a feel-good story about perseverance

By Wally Donaldson
The Oshawa Express

Not drafted?
No problem.

The fact Jeff Brown's name was not called during the summer's Ontario Hockey League (OHL) Priority Draft did little to deter his intense training regimen in preparation for another hockey season.

Brown had an ace in the hole.

Rich Ricci, currently an assistant general manager and coach of the Oshawa Generals,

piloted the St. Mike's Buzzers Tier II squad last season and was well aware of the contributions the 18-year-old forward was capable of producing.

"When (Ricci) got the nod to come to (the Generals), he asked me if I wanted to come here to try out," recalls Brown. "I had a good camp and they gave me a shot."

Brown has grown in stature and smarts, giving the Generals yet another athlete capable of making a difference on the ice, as demonstrated during a pair of weekend games.

A three-goal effort last Friday evening was-

n't enough to catapult the Generals over the top in Kingston as Oshawa dropped a 5-4 decision to the Frontenacs.

Elevated to the top line with sparkplug Brett Parnham and sniper John Tavares before 4,279 patrons of the GM Centre last Sunday evening, Brown his momentum, scoring the Generals first goal with 5:19 left in the opening period en route to a 4-3 victory over the Barrie Colts in an entertaining tilt.

Indeed, the Generals and Colts were tied on three occasions throughout the night and it wasn't until Tayler Carnevale's goal on Barrie

goalie Michael Hutchinson during a power-play effort with 2:57 left on the clock that Oshawa was able to get the win and leap back to the .500 mark, sporting a 7-7-0-1 record.

"A lot of guys in the league would like to be on a line with (Tavares and Parnham)," added Brown with a huge grin. "When I got the nod, I thought, 'Great. Let's do it for the boys' and it wasn't hard to be excited about playing with them."

Oshawa head coach Chris DePiero acknowledges his work ethic.

"The way he's playing now is simply hard work. He's an honest player in the way he plays and that's why he made this hockey club as a free agent. He exemplifies a lot of what we want and (Sunday) I was happiest from a team perspective was the way we came together a lot. That's huge, fostering that team mentality first when you've got guys coming together for each other and Jeff is a big part of that."

Tyler Taylor was another who turned in a mammoth performance against the Colts, firing a goal and adding a pair of helpers. Tavares and defenceman Michael Del Zotto each chipped in a pair of assists. Calvin de Haan fired the other Oshawa tally.

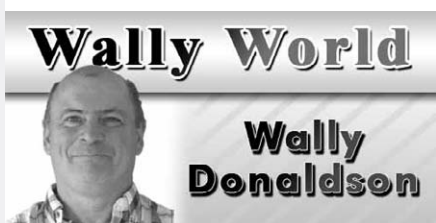
"Tyler (Taylor) is a solid team player," raves DePiero. "He's a heart and soul type of player."

Good win for the Generals considering their next five of six outings are on the road. They play in Saginaw and Windsor Saturday and Sunday respectively before travelling to Peterborough and Kitchener November 6-7. Generals return to the GM Centre on November 9 to once again face the Colts.

"Getting on the road is going to be good," says DePiero, who examines his troops in segments of the season. "It's not necessarily about goals and goals against. It's more where we want to be points wise. It's a good way to chunk up a long season for these guys."

WALLY WORLD – Kory Nagy is suspended for three games and it could be more. Shea Kewin missed Sunday's contest with a sore leg. Matt Seegmiller is also out with an injury.

Old time hockey with the Hansons



For those who have seen the hockey cult movie "Slap Shot" for probably the umpteenth time, did you ever think, "Man, would I like to get on the ice and skate with those guys" referring, of course, to the Hanson brothers.

Well, friends, the windows have been opened.

The Hanson brothers, comprising Jeff, Steve and Dave, along with Charlestown Chiefs goaltender Denis Lemieux (played by Yvon Barrette) are going to be at Whitby's Iroquois Park Arena on Tuesday, November 4 for a benefit

exhibition game and plenty of autograph signings.

The opposing team is set with former players of the Oshawa Generals and Oshawa Legionaires, along with players of the Whitby Dunlops and Fury suiting up for this special occasion.

A part of the Chiefs, jersey and all, could be you. A \$500 donation gets you a spot in the lineup with the Hanson's and Lemieux, the jersey to keep and a VIP party with monies raised going towards the underprivileged in a sincere bid to offset the skyrocketing cost of equipment, be it hockey, lacrosse or any other sport, for that matter.

The concept for this special gathering was conceived by Scott McCrory, a member of the Generals from 1984-87, and other local volunteers who have taken the bull by the horns to raise money for the less fortunate wishing to participate in organized sports.

"If the kids are playing, they're not getting in to trouble," says

McCrory, an assistant coach with the Oshawa major midget Kiwanis and senior Dunnies, along with being a part owner of the Tier II Fury. "The cost for ice time is escalating, so we'd like to help out that way as well."

Anyone interested in competing with the Hansons can get in contact with McCrory at either 905-925-3876 or 905-404-1423.

Admission for the evening is \$11 for adults and \$6 for children. Game time is 7:30. This, truly, is an event that shouldn't be missed. It will be entertainment personified.

Ironically, plans have been made for a similar activity the following evening in Sudbury where 29 people have committed \$500 for this once-in-a-lifetime experience.

The game sets the stage for the Nickel City midget, bantam and pee-wee hockey tournament.

WALLY WORLD – Okay, I have been inundated with calls and emails about last week's column involving Kingston Frontenacs' coach Larry

Mavety and his role in Slap Shot. Mavety refused to divulge his character in this movie. Chatted with an Ontario Hockey League (OHL) photographer about this one. He knew. And if you can believe this, only one other person I did speak with got it right. At the end of the movie prior to the brawl and on-ice strip scene, the "bad guys" are introduced while the Chiefs change their attitude to good "old time" hockey. Ogilthorpe and McCracken are introduced, along with many other villains of the sport. Indeed, an Indian steps on the ice and the Chief clearly shows what is to become of the Charlestown squad using a cut throat motion with his finger across his neck. Meet Larry Mavety.



Photo By Wally Donaldson/The Oshawa Express

Alexander Denezhkin (12) of the Oshawa Generals is in pursuit of the puck during last Sunday's victory over the Barrie Colts at the GM Centre.

Championship fighter

THREE From Page 15

The 2009 Open Ontario Boxing Championships is the largest boxing tournament in the country and will be hosted at the Oshawa Holiday Inn.

The Tournament will feature six boxing shows over four days.

The bell rings for the first fight Thursday Oct. 30 at 7 p.m. with two more fights on Friday Oct. 31 at 1 p.m. and 7 p.m., and two more on Sat Nov 1 at 1 p.m. and 7 p.m.

Final fight will begin on Sun Nov 2 at noon.

Event passes for all six fights are on sale at the Oshawa Holiday Inn (905) 576-5101 and Motor City Boxing Club (905) 434-8686 for \$50.

Admission for individual shows will be \$15 with payment at the door on a first come first serve basis, seating is limited to 250 for this event so get your event passes now.

Motor City's pro Boxer "Lethal" Lindsay Garbatt will be

back in the ring in a major fight on Nov. 19 in Syracuse, NY against her nemesis Ella Nunez to whom Garbatt suffered her only loss. In a controversial majority decision Garbatt lost to Nunez in her pro debut back in August 2007.

A win in this match will put Garbatt in line for a World Title shot in the near future, but this rematch with Nunez will be an eight round bout with no Title on the line.

Motor City will run a few public training sessions with Garbatt, including sparring with other top ranked pro females between sessions at the Holiday Inn over the weekend of the Provincial Championships.

The public can come check out these training sessions/sparring for free.

For more information visit www.motorcityboxingclub.com.

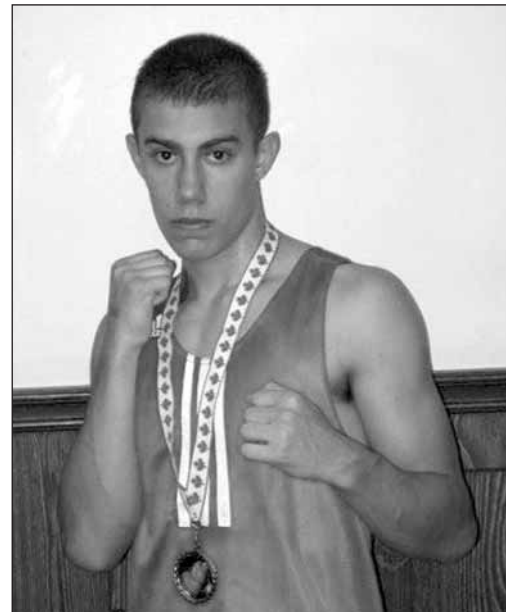


Photo Supplied

Nixon won the at the Uptown Club show in Barrie and his chance to fight for the Ontario Title this weekend starting Oct 31 at The Holiday Inn.

Rogues get a bang for their final buck



Photo By Wally Donaldson/*The Oshawa Express*
Rogues' Quarterback Marko Glavic runs the ball deep into Buckeyes territory during the latter stages of last Sunday's Oshawa Touch Football League final.

The Buckeyes, many sporting Ohio State jerseys, went into last Sunday's Oshawa Touch Football League final with an unblemished record in 16 outings, just one win away from the league championship.

The Rogues came into the final with a 13-3 record, one of those setbacks to the Buckeyes in earlier season play.

In what shaped up to be a dandy of a championship final, the Rogues, capitalizing on a late touchdown and offsetting a 13-0 deficit at the half, squeezed out a 20-19 victory for the crown.

Buckeyes still had three plays left in their arsenal to regain the lead late in the contest. A field goal or the very least a single point to force overtime was in the making. However, the Rogues built a fortress on defence and didn't allow the previously undefeated squad to push forward.

The Rogues were led by Marko Glavic who formerly threw for Lafayette College in the U.S., the Memphis Xplorers of the Arena Football League, and most recently won the 2008 Eurobowl Championship with the NFL affiliated SWARCO Raiders of the European Football League.

Buckeyes QB, Dave Spackmen, led them not only through an impressive season in Oshawa but also to several tournament titles in the 2008 Trillium Tour hosted by Touch Football Ontario. Buckeyes team was made up of the league's scoring leader, Chirs Pierre (143 pts.), and the league's two time sack leader, Brett Herod (29 sacks). The Rogues also had league

interception leader Brandon Pottle (13 ints.) and 2008 MVP of the Canadian National Touch Football Championship game in Montreal with the Toronto Spartans.

With only 5 plays left in the game and 60 yards to go for the Rogues to score, Glavic threw in desperation a 40 yard pass into the wind which Brandon Pottle was able to catch and put the club within 20 yards of the endzone with 4 plays left. Rogues finally scored another touchdown but missed their convert attempt to take the one point lead.

Hounds upended the Hawks 9-8 in a los-scoring affair. Both teams were knotted at 1-1 at the half.

Windy conditions, coupled with poor execution, led to several turnovers and loss of downs until eventually the Hawks deep in their zone gave up a safety to give the Hounds a 1-0 lead. Before the end of the half however the Hawks were able to move the ball towards the Hounds endzone and kick the ball through the endzone to achieve a point. This made the score 1-1 at halftime. The second half saw Hawks quarterback, Scott Elkington, throw a touchdown pass and score the single convert to put the Hawks up 8-1. In the fourth quarter, the Hounds moved the ball and quarterback Jim Burkitt, tossed a touchdown pass and got the proceeding single convert to tie the game up. On the proceeding kick off, the wind blew the ball into the Hawks end zone and they were unable to get the ball out before the

Hounds made the tag for the one-point lead they wouldn't relinquish.

This season the Oshawa Buckeyes managed to go undefeated with a 16-0 recorded and 1 play-off victory before meeting the Hampton Rogues in the OTFL "A" Championship. The Rogues record this year was 13-3 only losing the Oshawa All Blacks and aforementioned Buckeyes in regular season play.

The game began with the Buckeyes first drive being stopped by the Rogues defense. Glavic moved the ball down towards the Buckeyes endzone but was intercepted by Terrence Bradimore of the Bucks before being able to score. Dave Spackmen then led the Buckeyes to a 13-0 lead over the Rogues by halftime. In the second half the Rogues were able to bounce back and take the lead with 2 touchdowns and successful convert attempts to make the score 14-13 in the 3rd quarter. Similarly the Buckeyes were able to score another touchdown in the 4th quarter to take the lead back 19-14.

After the kick return the Buckeyes would have 3 plays left to move the ball within kicking range in an attempt to kick the point through the Rogues endzone for a single point to tie the game and force overtime. However the Rogues defense held the Buckeyes close to their own endzone and the game ended with a final tag on the 25 yardline leaving the undefeated Buckeyes defeated and the Hampton Rogues as the 2008 Oshawa Touch Football League champions.

A special night for a fine athlete

Durham retires Slaughter's number

It began with an emotional ceremony last week at the Campus Recreation and Wellness Centre as Durham College paid tribute to former basketball player Bonnie Slaughter prior to their 2008-09 women's basketball home opener.

With the Slaughter family in attendance, entailing her parents, brother, fiancé Bill Crowdis and young son Colton, college president Don Lovisa and athletic director Ken Babcock announced the retirement of Slaughter's No. 15 jersey.

Lovisa presented the game ball to her family. It was also noted that the entire 2008-09 Durham College women's basketball season will be played in Bonnie's honour.

Former women's basketball head coach Craig Andrews was also in attendance, having coached Slaughter in all of her four seasons of play with the Lords.

At Durham College, Slaughter was named a CCAA All-Canadian and finished her career as the second highest scorer in OCAA women's basketball history, first in DC history. She also set OCAA records for most three-pointers in a season (43) and most free throws in a season with (96). Slaughter also earned the title of East Region scoring champion in both the 2002-03 and 2003-04 seasons.



Photo By Wally Donaldson/*The Oshawa Express*

Durham College Athletic Director Ken Babcock and College President Don Lovisa makes a presentation to Bill Crowdis, fiancée of the late Bonnie Slaughter and their son Coulton on a night her number (15) was retired.

Samantha Jansen controlled the boards for DC leading the team with 13 rebounds.

Durham heads to Peterborough tonight to take on the Fleming Knights and return home on Tuesday evening for a matchup with the Sarnia Sting, starting at 6 o'clock.

Bonnie was an important piece of the Durham Lords family and that was obvious to see tonight with all of the support on campus.

Following the tribute, the Lords took to the court as they found themselves up against a talented Loyalist Lancer squad from Belleville.

Their home opener was spoiled by Loyalist, dropping a 70-63 Ontario Colleges Athletic Association decision.

The two teams traded baskets for the opening stages of the game, as both teams looked sharp. Durham trailed 36-31 at the half.

The Lords defense had trouble stopping the duo of Brittany Denny and Erin Rose as they combined for 52 of the Lancers 70 points.

Erin Emery led Durham in scoring with 18 points along with five steals on the night. Jill Leistra had an impressive outing scoring 14 points while Jessica Newton netted 13 points in her OCAA debut.

Erin Emery led Durham in scoring with 18 points along with five steals on the night.

Lord's Women's soccer miss medals

Ottawa, Ont. – Oshawa's Durham Lady Lords fell just one goal shy of collecting a bronze medal at the Ontario Colleges Athletic Association (OCAA) women's soccer championship, dropping a 1-0 decision to Seneca Sting in wet and soggy conditions.

This year marks the first time since 2005 that Durham College has not won a medal at the women's soccer provincial championship, as the Lords entered the year as the two-time defending champions.

In a very physical game, the teams entered half-time all square at 0-0 with both sides having a number of opportunities to break the ice. Early in the second half at the 53 minute mark, Calagh Copland of Seneca scored the game's only goal to give the Sting a 1-0 victory and the bronze medal. Durham had plenty of chances but could not catch a break as they would fall to the Sting.

Copland, who scored the game winner, had a terrific season for Seneca netting a team high 12 goals during the regular season while being named a league all-star. Seneca's Cayley Laubitz and Durham's Jodi Den Bok were named the players of the game.

Although the team fought hard in both games of the championship, the Lords could not find their scoring touch as they were shutout over the weekend, putting an end to their 2008 season.

In the championship final between Humber and Algonquin, the weather would turn from bad to worse as the game was postponed.

Hawkeyes ats Dolphins

Oshawa Peewee Hawkeyes football squad close out the regular season this Sunday afternoon at Civic Stadium when they take on the Pickering Dolphins.

Hawkeyes added to their win total on home grounds with a sound 36-8 victory over the York-Simcoe Bucs. Oshawa has only one loss in nine outings.

Fostered with injuries going into the contest, quarterback Malcom Brown, nursing a sore ankle, got the support he was hoping for while recording the win.

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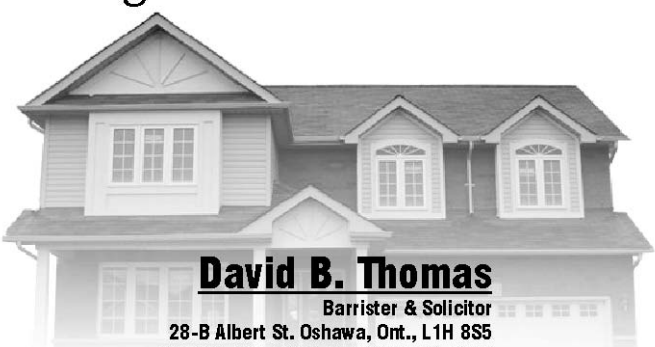
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SYTNYK William 'Bill'

Bill in his 90th year at Sunnycrest Nursing Home Whitby on Saturday, October 26, 2008. Beloved husband of the late Mildred and of the late Greta McLean. Loving father of Allan Sytnyk (Judy), and Linda Ruiter (Bill), the late Barry (the late Linda) and the late Brian. Grandfather of Terri, Mark, Tina, Christina, Shannon, and several great-grandchildren. Brother of Mary Douglas, and Jay Shewring, pre-deceased by Anne, Vickie, Helen and Alex. A private family service was held at McINTOSH-ANDERSON FUNERAL HOME LTD., 152 King St. E., Oshawa (905-433-5558), on Tuesday, October 28th, 2008 with interment Mount Lawn Cemetery. Donations in memory of Bill to the Canadian Cancer Society would be appreciated. On-line condolences may be made at www.mcintosh-anderson.com.



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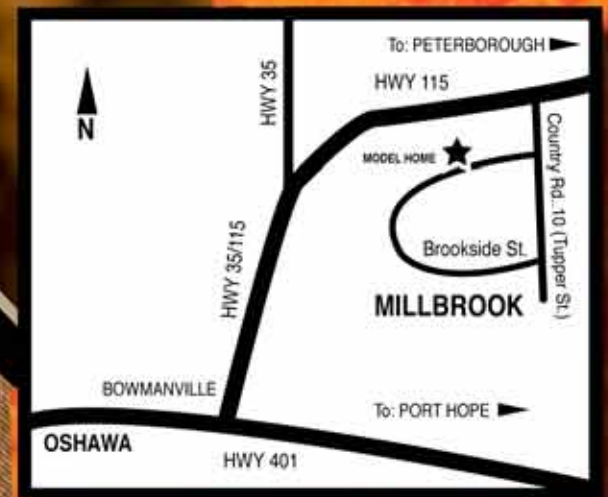
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